



## **Congratulations to Physician Practices Awarded Patient-Centered Medical Home Designation 2014**

### **Traverse City, Michigan**

Blue Cross® Blue Shield® of Michigan has announced the physician practices in Northern Michigan that have been designated as Patient-Centered Medical Homes (PCMH) for 2014.

Northern Physicians Organization (NPO) wishes to acknowledge and congratulate its members for this achievement. The following practices are among a select group of primary care physicians in Michigan who are improving health care quality by adopting the respected PCMH model of care.

Bay Area Family Care  
Bayside Family and Sports Medicine  
Brookside Family Medicine  
Bruce Lirones, D.O., PLLC  
Cherry Bend Family Care, PLC  
Debra Graetz, MD  
Gary S. Ruoff, D.O., PC  
Grand Traverse Children's Clinic  
Grand Traverse Internists, P.C.  
Internal Medicine of Northern Michigan, PLLC  
Kalkaska Family Practice, P.C.  
Katherine Roth, M.D.  
Kids Creek Children's Clinic  
Joel Anhalt, D.O.  
Lakeshore Family Care, P.C.  
Mark C. Antonishen, M.D.  
Milliken Medical, PLLC

Munson Family Practice Center  
Northern Michigan Medicine and Pediatrics  
Northern Pines Health Center  
Partners in Family Practice  
Partners in Health  
Petoskey Child Health Associates  
Petoskey Pediatrics  
Dr. Russell VanHouzen, M.D., FACP  
Superior Family Medical Associates  
Suttons Bay Medical Clinic, PLC.  
Thirlby Clinic, P.L.C.  
Traverse Area Pediatric and Adolescent Clinic  
Village Family Practice  
West Front Primary Care, P.L.L.C.  
West Shore Medical Center – Physician Services  
Your Health Family Medicine

### **What is a Patient-Centered Medical Home (PCMH)?**

- PCMH is a model of care – *healthcare centered on the patient*.
- A holistic and comprehensive approach to coordinate patients' health care,
- Provider care teams track patient' conditions, specialist visits, test results, prescriptions, complementary care, treatment plans and ensure that patients receive the best healthcare experience possible.
- Extended access to the care team including same-day appointments and after hour care.
- Provides the opportunity for patients to better manage conditions through proactive lifestyle changes.

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