

Petoskey PAAC Meeting Synopsis

Date: 10/10/2017
Topic: Employee Wellness
Speaker: Misty Betancourt/BCBSM, Karen Williams/Internal Medicine of No Mich
Location: MNM Dean C. Burns Medical Library, Training Classroom
Attendees: See attached list

Outcomes from Meeting

- Participants were made aware of resources from BCBSM that can assist them in creating an employee wellness initiative
- Participants informed why a wellness initiative could have benefit to their organization, along with a discussion of the use of incentives and disincentives to encourage participation.
- Participants given direction on how to define wellness and what corporate wellness goals should be.
- Karen shared local initiatives that are available to practices, as well as practical suggestions on initiating a corporate wellness program.

Concerns or Requests for NPO

- No concerns or requests verbalized.

s/Robert Farrell, Petoskey PAAC Chair