Munson Behavioral Health

Phone: 935-6382 or 1-800-662-6766 Fax 935-6920

OFFICE: <u>Traverse City:</u> 1105 Sixth Street Traverse City, MI 49684

SERVICES:

Substance Use Disorders -

Screening and Assessment Services (adults)

Individual Counseling (adults)

Group Counseling (adults - gender specific)

Intensive Outpatient Evening Program (3x per week group and individual)

Intensive Outpatient with Housing Program (Multiple services daily; people live on site)

Mental Health Counseling -

Psychiatry

Individual Counseling (adults)

- Centralized Access 24-7 Crisis assessments and response. Information and Referral
- Employee Assistance Program (counseling & organizational consultation to Human Resource)

STAFF:

2 Board Certified Psychiatrists

8 Masters Level counselors

INSURANCE:

MMC participates with most insurance companies including Medicaid and Healthy Michigan.

Catholic Human Services, Inc.

OFFICES:

<u>Traverse City:</u> 1000 Hasting Street, (231) 947-8110 <u>Cadillac</u>: 421 S. Mitchell Street, (231) 775-6581 <u>Gaylord:</u> 829 W Main Street, (989) 732-6761 <u>Kalkaska:</u> County Road 612, (231) 258-5565

Benzonia: 6051 Frankfort Highway, (231) 947-8110
Charlevoix: 12900 U.S. 31 North, (231) 237-0048
Grayling: 707 Spruce Street, (989) 732-6761
Mancelona: 205 Grove Street, (231) 947-8110

SERVICES:

Substance Use Disorders -

Screening and Assessment Services (adult and adolescents)

Individual Counseling (adult and adolescents)

Group Counseling (adult and adolescence - gender specific based on referral criteria)

DBT Individual and Group therapy (adult)

• Mental Health Counseling -

Individual Counseling (adult and adolescents - anxiety, depression, grief/loss)

Group Counseling (adult & Co-Occurring)

• Employee Assistance Program (counseling & organizational consultation to Human Resources)

STAFF:

Twenty-two Masters Level Counselors (across all offices)

INSURANCE:

Priority (Mental Health and Substance Use Disorders)

BC/BS Traditional/ Messa (Substance Use Disorders)

Blue Care Network (Mental Health and Substance Use Disorders)

Molina (Mental Health Medicaid HMO)

Meridian (Mental Health Medicaid HMO)

McLaren (Mental Health Medicaid HMO)

Northern Regional Entity State Block Grant, Medicaid and Healthy Michigan (Substance Use

Disorders)

Sliding Fee Scale is available for accessing Mental Health Services

Addiction Treatment Services

Phone: Admissions: 231-346-5216 Toll-free: 800-622-4810 OFFICES: 415 Cass Street, Suite 2A ;Traverse City, MI 49684

Phone: 231-346-5235 | 800-622-4810

Fax: 231-943-2590

SERVICES:

• 15 bed sub-acute detox services

- 12 bed women's residential program (30 days)
- 18 bed men's residential program (30 days)
- Outpatient clinic: assessments, individual and group treatment
- Gender-specific groups, co-occurring groups, substance abuse recovery groups
- 4 male transition houses (sober living)
- 1 female transition home
- Complete drug testing lab for UAs and PBTs

STAFF: 3 Masters Level Counselors

INSURANCE:

Medicaid, Healthy Michigan Plan, Blue Cross/Blue Shield and Priority Health

Harbor Hall Substance Use Disorder Services

Phone: (888) 880-5511 704 Emmet Street Petoskey, MI 49770

Services:

Withdrawal Management Services

Withdrawal Management staff provide care in a supportive environment and maintains strict confidentiality. This service is available 24 hours a day 7 days a week on a space available basis.

Outpatient

- A continuum of substance use disorder therapy based upon client diagnosis and need.
- Coordinated treatment services aligned with other agencies such as probation/parole, dept.
 of human services, court services and professional monitoring programs.
- Integrated relapse prevention services.
- Adolescent treatment services
- Forensic assessment-accurate and affordable assessment and reporting to serve clients who have legal issues.
- Gender specific therapies

Residential Services

Harbor Hall has 38 beds available for residential treatment. This service is delivered to adult males 18 and older.

Transitional Living

Harbor Hall has sought to alleviate some of the transitional problems by providing a low-cost, supportive living environment.

State Funding is available, call 1-800-834-3393 for Funding information

NMSAS (989) 732-1791 2136 W M 32 Gaylord, MI 49732

Primarily focusing on Opiate addiction

Services:

Outpatient only

Medication assisted Treatment Counseling Peer recovery coaches Physician in office twice/week