

Agenda Item	Discussion	Decision/Action/Goal
Review/Approve minutes		
Review action items		
Presentation	<p>This month's presenter was Holly Joseph, District Health Department #10 Health Educator. Holly presented a very informative power point on Tobacco Dependence Treatment. She reviewed the statistics of 20% of MI adults are self-reported smokers and 11.8% of high school students in MI. Manistee County stands out with 34.5% adults smoking . Also reported in the most recent Kids Count that 34.5% of pregnant women in Manistee County are reported smokers.</p>	
	1 in 3 of all cancer deaths are related to smoking.	
	Holly discussed that the brain before the age of 25 is much more susceptible to the addictive effects of smoking, the "priming effect", and is the reason that big tobacco focuses much of their marketing to catch the youth early on.	
	Holly went on to describe the 5 A's of intervention that can be used in any patient setting. Ask, Advise, Assess, Assist and Arrange Follow Up. This method also encourages to ask about those who have recently quit and address any challenges they may be having to prevent relapse and encourage continued abstinence.	
	She also went on to discuss the use of e-cigarettes. They are not to be used as a tool to quit smoking. Some cartridges contain 100-300 times more nicotine than cigarettes and many other harmful chemicals that can be absorbed into your body readily.	
	We ended the meeting with open discussion. We also spoke of all of the referral sources that are available to out patients. Holly has a Tobacco Treatment Specialist Program that accepts referrals from any provider. She will call the patient and make the initial contact with the patient to review their commitment and needs. She will also inform the provider of patient participation. Many of the insurance providers have coverage for smoking cessation and she will assist with finding what works for each individual patient.	
	With the high incidence of pregnant smokers in the county, we discussed speaking with the providers and having mandatory out-reach to Holly for any new OB patients to assess their desire and needs for quitting.	
Adjourn	The meeting was adjourned at 1:00 p.m.	
Next Meeting	June 21,2017	