

Your trusted resource

The Aging and Disability Resource Collaborative of Northwest Michigan (ADRCNM) is a collaborative effort of organizations in Northwest Michigan that serve older adults and people with a disability. Our goal is to be a trusted source of information where you can find out about the wide range of services and supports available.

The ADRCNM covers the counties of Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee and Wexford.

The Aging and Disability Resource Collaborative of Northwest Michigan receives funding through the Administration on Community Living and the Michigan Office of Services to the Aging.



866-642-4582

www.adrcnmi.org

Your trusted resource
... for a lifetime!



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Enhanced quality of life

Anyone of any age may need long-term care supports and services at some point in their life. An accident or a sudden illness, chronic condition or disability can result in you or a family member needing help in daily activities like eating, dressing or getting around.

Now, thanks to the Aging and Disability Resource Collaborative of Northwest Michigan (ADRCNM) it's easier than ever to find what services are available in your community.

Our goal is to provide individuals with the information needed to better understand options and make informed decisions. The ADRCNM is available to people of all ages, incomes and disabilities who have questions on long-term care.



Understand your options

Finding information or building a plan to meet personal or health needs can feel overwhelming.

- Are there services to help with walking, dressing, eating, bathing and getting around?
- What resources are available if staying at home is not an option?
- How do I transition from a nursing facility back to home?
- What financial assistance is available for long-term support and care?

Whether you are an older individual, person with a disability, family member, friend, caregiver or provider, the Aging and Disability Resource Collaborative of Northwest Michigan (ADRCNM) can help with **Information and Assistance** or **Options Counseling**.

Information and Assistance: Having someone to talk with about long-term care supports can be invaluable. Trained Specialists provide information about resources available in the community. Specialists can also connect people directly to an agency or service and follow up to ensure that each person gets what he or she needs.

Options Counseling: When making decisions about long-term care needs, it is helpful to understand the full range of community services and supports available.



Specialists provide unbiased information, assist in developing a plan, and may help connect with services and agencies in the plan. There is no obligation to implement any of the suggestions.

Information and Assistance and Options Counseling are free of charge. However, local organizations providing services may charge a fee and there are eligibility requirements for some programs.

Supports and services for a lifetime

