



Your trusted resource



866-642-4582
www.adrcnmi.org

Understand Your Options

Finding and navigating supports and services to live life on your terms can feel overwhelming. Whether you are an older adult, person with a disability (of any age), family member, caregiver or friend, the Aging and Disability Resource Collaborative of Northwest Michigan (ADRCNM) can help.

ADRCNM Specialists have expertise in aging and disability issues. They can help:

- Identify and prioritize needs
- Provide unbiased information about local services and supports
- Assist with accessing community programs
- Review options for financial assistance
- Build a plan to meet long-term needs
- Advocate for an individual

The ADRCNM can assist with a variety of needs (a few examples):

- Accessible home consultation
- Assistive technology devices
- Employment programs
- Enrollment in Medicare, Medicaid or SSDI
- Homecare, housekeeping and companion care
- Nursing homes, adult foster care and assisted living facilities
- Recreational, social and educational opportunities
- Respite care options

There is no cost for this service and no obligation to implement any of the suggestions.