



2015

## Clinical quality corner

One in a series of tip sheets focusing on key Healthcare Effectiveness Data and Information Set measures

### Breast cancer screening

This measure looks at the percentage of women 50 to 74 years old who had a mammogram in the past two years.

#### Improving HEDIS® scores

- **Order** routine mammograms at least once every 24 months for all women 50 to 74 years old. Depending on risk factors, mammograms may be administered more frequently.
- **Assure** that results are in the chart. This can help to determine if patients have followed through with testing. You only receive credit for completed tests.
- **Develop** a call-back system to remind patients who are due for screening exams.
- **Educate** patients on the importance of routine screening and remind patients that preventive screenings are now covered under health care reform.

#### Exclusions

Members with history of bilateral mastectomy

\*To be accepted, supplemental data must have a source code denoting the data source and pass BCBSM audit. Only standard data sources such as those coming from an electronic medical record can be accepted.

#### Did you know?

- Breast cancer is still the leading cause of cancer in women, with one in eight women being diagnosed at some point in their lifetime.
- The greatest risk factor for breast cancer is age.

Modifiable risk factors include:

- Alcohol use
- Physical inactivity

Also, after menopause:

- More than five years use of combined estrogen-progestin hormone therapy
- Overweight or obese

**Tip:** Breast cancer screening is considered an administrative measure, which means that data is collected through claims and supplemental data.\*

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