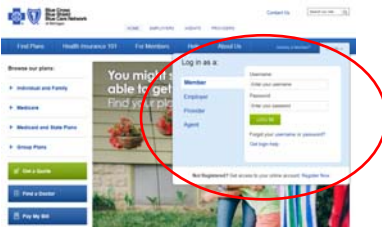


How to register for the Blue Cross® Health & Wellness website

Registering for the Blue Cross Health & Wellness website, powered by WebMD®, is easy. Just follow these steps:

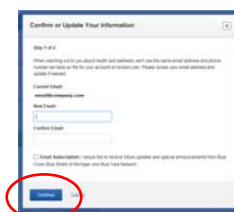
1. Go to **bcbsm.com** and click on *LOGIN*. If you already have a member account, enter your user name and password. If you need to set up an account, click on *Register Now* to create a new account.



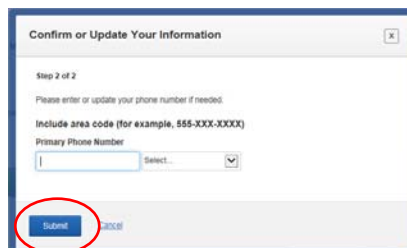
2. Click on the *Health & Wellness* tab at the top of the home page.



3. In the first box that pops up, confirm or update your email address, then click *Continue*.

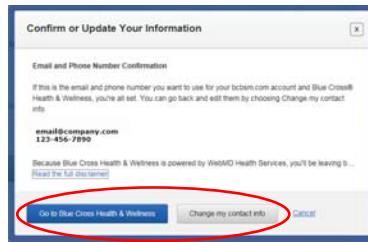


4. In this box, enter or update your phone number, then click *Submit*.



Blue Cross®
HEALTH & WELLNESS

5. In this box, confirm your contact information, then click on *Go to Blue Cross Health & Wellness* to enter the site, or click on *Change my contact info* if you need to make changes.



6. Read the information in the next box, click on *Yes* or *No*, then click *Continue*.



7. On this screen, review the frequently asked questions and other information on that page, then click on the box next to *I have read and agree with WebMD's Terms and Conditions and Privacy Policy*. Click *Go*.



8. On this screen you can select any topics that interest you (optional), then click on *Go* to enter the Blue Cross Health & Wellness website.



WebMD Health Services is an independent company supporting Blue Cross Blue Shield of Michigan by providing health and wellness services.