

2016-2017 BCBSM PCMH capability update.

## **10.0 Linkages to Community Services**

**Tracy Lowery**

**Practice Administrator**

**Internal Medicine Northern Michigan**

## Caveat Emptor

- The PCMH program must evolve to meet the needs of BCBSM, our customers and their members.
- This will require substantive changes to the program over time.
- Existing capabilities will change, substantially in some instances.
- We recognize that the modification of existing capabilities may be frustrating. Nonetheless, these changes are necessary to ensure that BCBSM is able to continue to incentivize capabilities, designate PCMH practices and offer the associated financial benefits.

## Domain 10 – Community Services

1-yr grace period was in 2016. *These capabilities are now in effect.*

**10.3** – PO in conjunction with Practice Units has established collaborative relationships with appropriate community-based agencies and organizations

- PO in conjunction with practice has conducted outreach to organizations and held in-person meetings or face-to-face events, at least annually, that facilitate interaction between practices and agencies where they discuss the needs of their patient population



**10.5** - Systematic team approach is in place for educating all patients about availability of community resources and assessing and discussing the need for referral

- Education process must include intake form and/or conversation in which patients are asked whether they are aware of or in need of community services



**10.6** - Systematic approach is in place for referring patients to community resources

- Assessments that identify a patient with need for referral are documented in the medical record to enable providers to follow-up during subsequent visits

## 2016 – 2017 BCBSM PCMH Guidelines



**10.5** - Systematic team approach is in place for *educating all patients* about availability of community resources and assessing and discussing the need for referral

- Systematic process is in place for the practice unit team to educate new patients and all patients during annual exam (or other visits, as appropriate) about availability of community resources, and assessing and discussing the need for referral
- i. Education process must include intake form and/or conversation in which patients are asked whether they are aware of or in need of community services. *Where will the documentation be regarding educating all patients if they are aware or in need of community resources?*
- ii. Practice support staff are empowered to alert practice unit staff to possible psychosocial and other needs
- iii. For example, Practice Units may develop an algorithm (or series of algorithms) to guide the assessment and referral process
- iv. Additional information about available community resources should be disseminated via language added to patient-provider partnership documents, PO or Practice Unit website, brochures, waiting room signage, county resource booklets at check-out desk, or other similar mechanisms

## Internal Medicine of Northern Michigan

Tracy Lowery , Practice Administrator

To prepare staff members to educate patients, staff review where community resource material is found at the practice.

Nurses Station , Triage, Billing,  
Waiting rooms, Exam rooms, IMNM website

### Staff education:

Clinical Staff Lead:

Appoints MA/designee who updates community resource information every 6 months.

MA/designee train staff - proactive in recognizing patient needs.

- Staff members are knowledgeable about community resource links available on the NPO website, [www.npoinc.org](http://www.npoinc.org) – search community resources – access community resources link on left.

10.5



*Educating all Patients*

Provider's MA / NP / PA / Care Manger introduce *all patients* to community resources.

**New patients**

**Annual physicals**

**Transition of Care phone calls**

**As needed**

10.5



### Patient Education Documentation:

#### At the same time as PCMH Discussion

- Discussion with patient about the transition of this practice to a Patient Centered Medical Home (PCMH) model, referencing the practice brochure and available materials. Also discussed the patient-provider partnership and mutual expectations about delivering quality healthcare for the patient with their assistance and active cooperation. Answered any questions to the best of my ability, and suggested that any remaining issues be discussed with the physician/provider.
- Patient Education regarding Community Resources will be included during the PCMH conversation in which patients are asked whether they are aware of or in need of community services.

Interactions: !

Forms

Text

Add...

Phone Call Post Transition

Attachments

Add...

Favorites

Add

Blank image

Phone Call Post Transition

form version: 20170306

Contact must be within 2 business days after discharge, or at least 2 documented attempts within period if TCM billed

Contact 1: By: Method of Contact: sult/Outcome:

Were at least two contact attempts made/documenter Yes No  
Was contact successful within 2 business days of dis Yes No

Pre-Visit Contact Key Questions:

Pt notified of pending tests: Yes No N/A  
Has Home Health engaged? Yes No N/A  
Has OT/PT engaged? Yes No N/A  
Has DME provided equipment/supplies? Yes No N/A  
Does patient/caregiver understand treatment plan? Yes No N/A  
Any challenges at home? Yes No N/A  
Is patient taking medications as prescribed? Yes No N/A  
Are medications being tolerated? Yes No N/A  
Confirm that discontinued meds stopped Yes No N/A  
Reminder to bring ALL meds to office visit: Yes No N/A  
Does patient require assistance with ADL/IADL? Yes No N/A  
Would patient benefit from Community Resources? Yes No N/A

- Remainder to bring caregiver to office visit
- Explain role/scope of TCM engagement
- Contact Process for any needs before office

10.6

2314876596

Internal medicine

03:09:06 p.m. 04-18-2017

2 / 12

**Internal Medicine of Northern Michigan**  
 560 West Mitchell St Suite 300, Petoskey, MI 49770-2278  
 (231) 487-2460 Fax: (231) 487-6596

04/18/2017 10:57 AM

Page 1 of 1  
 Referral Form

Referral Form			
<b>Authorizing Provider:</b> Paul D Blanchard MD <b>Signing Provider:</b> Paul D Blanchard MD		<b>Service Provider:</b>	
<b>Phone:</b> (231) 487-2460 <b>Fax:</b> (231) 487-6596		<b>Phone:</b> <b>Fax:</b>	
<b>Patient Name:</b> [REDACTED] <b>Home Phone:</b> [REDACTED] <b>Work Phone:</b> <b>Resp. Provider:</b> Paul D Blanchard MD		<b>DOB:</b> [REDACTED] <b>Age:</b> <b>Sex:</b> F <b>SSN:</b> [REDACTED]	
<b>Primary Ins:</b> MEDICARE WPS <b>Group:</b> <b>Policy:</b> <b>Insured ID:</b> [REDACTED] <b>Subscriber:</b> [REDACTED] <b>Relationship:</b> Self <b>Subscriber DOB:</b> [REDACTED]		<b>Secondary Ins:</b> MEDICAID <b>Group:</b> <b>Policy:</b> <b>Insured ID:</b> [REDACTED] <b>Subscriber:</b> <b>Relationship:</b> <b>Subscriber DOB:</b>	

<u>Code</u>	<u>Description</u>	<u>Diagnoses</u>
CONCOMM	REFERRAL TO COMMUNITY RESOURCES	DIFFICULTY IN WALKING, NOT ELSEWHERE CLASSIFIED(ICD-R26.2)
	<b>Order Number:</b> 181700-6	
	<b>Auth#:</b>	
	<b>Maximum Visits:</b> 0	
	<b>Start Date:</b> 10/11/2016	<b>End Date:</b> 10/11/2016
	<b>Duration:</b>	
	<b>Electronically signed by:</b> Paul D Blanchard MD	
	<b>Signed on:</b> 10/11/2016 3:19:00PM	
	<b>Reason:</b> Services: Friendship Center (Done by PDB)	
	United Way - Call 211 (if available) or Regional United Way Offices: Northwest Michigan 877-211-5253 Northeast Michigan 888-636-4211 Upper Peninsula (all) 800-338-1119	

Note: Please also print HANDOUT on Community Resources. A Community Resource binder also available in Waiting Room, Scheduling Wait and Triage.

**Internal Medicine of Northern Michigan**  
 560 West Mitchell St Suite 300, Petoskey, MI 49770-2278  
 (231) 487-2460 Fax: (231) 487-6596

04/18/2017 11:08 AM  
 Page 1 of 1  
 Referral Form

### Referral Form

Authorizing Provider: Melanie S Manary MD  
 Signing Provider: Melanie S Manary MD

Service Provider: IMNM

Phone: (231) 487-2460  
 Fax: (231) 487-6596

Phone: (231) 487-6596  
 Fax:

Patient Name: [REDACTED]  
 Home Phone: [REDACTED]  
 Work Phone: [REDACTED]  
 Resp. Provider: Melanie S Manary MD

DOB: [REDACTED]  
 Sex: F

Age: [REDACTED]  
 SSN: [REDACTED]

Primary Ins: PRIORITY HEALTH PPO  
 Group: [REDACTED]  
 Policy: [REDACTED]  
 Insured ID: [REDACTED]  
 Subscriber: [REDACTED]  
 Relationship: [REDACTED]  
 Subscriber DOB: [REDACTED]

Secondary Ins:  
 Group: [REDACTED]  
 Policy: [REDACTED]  
 Insured ID: [REDACTED]  
 Subscriber: [REDACTED]  
 Relationship: [REDACTED]  
 Subscriber DOB: [REDACTED]

Code  
 CONCM

Description  
 Refer to Care Management (INTERNAL)

Diagnoses  
 HYPERLIPIDEMIA(ICD-E78.5)  
 RENAL DISEASE CHRONIC, STAGE III(ICD-N18.3)  
 DEPRESSION(ICD-F32.9)  
 SJOOGREN'S SYNDROME(ICD-M35.00)

Order Number: 163605-10  
 Auth#: NA  
 Maximum Visits: 1  
 Start Date: 03/18/2016  
 Duration: 3 Months  
 Electronically signed by: Melanie S M  
 Signed on: 3/17/2016 1  
 Reason: Refer to Car  
 3/18/16 AT 1

*We Don't use these  
 very often!*

2314876596

Internal medicine

03:10:10 p.m. 04-18-2017

5 / 12

**Internal Medicine of Northern Michigan**  
560 West Mitchell St Suite 300 Petoskey, MI 49770-2278  
(231) 487-2460 Fax: (231) 487-6596

April 18, 2017  
Page 1  
Progress Note

**MRS** [REDACTED]  
Female DOB: [REDACTED]

8002365 Ins: MEDICARE WPS Home: [REDACTED]

11/23/2016 - Progress Note: CM visit-comm resources  
Provider: Terese Henley LMSW  
Location of Care: Internal Medicine of Northern Michigan

**Office Visit Note - Extended (test)**

**Chief complaint** Care Management services provided by Terese Henley, LMSW on this date. Patient was referred to Care Management by Dr. Blanchard for the following concerns: comm. resources

**Comments** pt. seen after pcp appt.

**[Active Medications:**  
LOXAPINE SUCCINATE 25 MG ORAL CAPS (LOXAPINE SUCCINATE) 1 QHS  
PREVNAR 13 IM SUSP (PNEUMOCOCCAL 13-VAL CONJ VACC)  
LEVOTHYROXINE SODIUM 150 MCG ORAL TABS (LEVOTHYROXINE SODIUM) 1 daily  
FUROSEMIDE 20 MG TABS (FUROSEMIDE) (GEQ for lasix) 2 po q am  
FUROSEMIDE 20 MG TABS (FUROSEMIDE) (GEQ for lasix) 2 po q am  
KLOR-CON 10 10 MEQ CR-TABS (POTASSIUM CHLORIDE) 2 po qd  
DILTIAZEM HCL COATED BEADS 300 MG XR24H-CAP (DILTIAZEM HCL COATED BEADS) 1 po qd  
SULFASALAZINE 500 MG TABS (SULFASALAZINE) 3 po q am and 2po q PM  
LISINOPRIL 5 MG TABS (LISINOPRIL) 1 po q day

**Current Allergies:**  
BETADINE (Moderate)  
NIFEDIPINE (Moderate)

**Internal Medicine of Northern Michigan**  
560 West Mitchell St Suite 300 Petoskey, MI 49770-2278  
(231) 487-2460 Fax: (231) 487-6596

April 18, 2017  
Page 2  
Progress Note

Female DOB [REDACTED] Home: [REDACTED]  
8002365 Ins: MEDICARE WPS

### History of Present Illness

Referral source: Dr. Blanchard

History from: patient

Reason for visit: comm. resources

Chief Complaint: Care Management services provided by Terese Henley, LMSW on this date. Patient was referred to Care Management by Dr. Blanchard for the following concerns: comm. resources

### HPI:

CM Assessment: Pt recently widowed [REDACTED]. Spouse was at local nursing home [REDACTED]. Not interested in bereavement services. Lives at home alone. Dtr. lives close by in [REDACTED] son in [REDACTED] 2 lives in [REDACTED]. Medication Management: Neighbor helps with snow.

Risk Factors: dryer is downstairs, takes pills right out of the bottle.

Unmet Care Needs: lives alone and independent.

Physical Status: Uses a cane outside to be safe. Has RA challenges at home that she manages on a daily basis (laundry, moving stuff).

Emotional Status: alert and oriented.

Community Resources: none

Readiness to Change: low

Patient verbalizes understanding of treatment plan: continue to f/u with asking family to assist in transitioning things around the house. EX: son in law can move the dryer upstairs.

Short Term Goals: will ask son in law to move dryer upstairs.

Long Term Goals: long term move in with dtr.

Total Time Spent with Patient: 20 min

Terese Henley, LMSW

Adaptive Counseling and Care Management

Under contract with NPO and IMNM

Services provided at IMNM location

### Problem Directive Review

#### Current Problems:

Other long term (current) drug therapy (ICD-V58.69) (ICD10-Z79.899)

Body mass index (BMI) 32.0-32.9, adult (ICD-V85.32) (ICD10-Z68.32)

Encounter for examination of blood pressure without abnormal findings (ICD-V72.85) (ICD10-Z01.30)

MAMMO SCREENING (ICD-V76.12) (ICD10-Z12.31)

Encounter for general adult medical examination without abnormal findings (ICD-V70.0) (ICD10-Z00.00)