

PCMH User Group

February 25, 2015



NPOINC.ORG

BCBSM EBC/HEDIS Fee Uplift



FROM BCBSM:

- Immunizations for Adolescents and HPV for Female Adolescents are not included in the list so they will not be included in the uplift for 2015 or 2016. Childhood Immunizations status will be included in both the 2015 and 2016 EBCT uplift.
- Annual monitoring for patients on persistent medications is included in the EBCT uplift because it is a Quality Rating System (QRS) measure and our physician partners here at BCBSM felt it was important to include this measure in the EBCT uplift.

Moving to prevention.....



Pre-Diabetic, Diabetic Action Plans

- Diabetes diagnosis 2 FBS > 126.
- Pre-diabetes if FBS > 100
- Fasting blood glucose between 100 – 125 is considered an impaired Fasting glucose.
- Practice has:
 - 540 patients with Diabetes diagnosis.
 - 300-400 patients are considered to have Pre-diabetes.
- Physician begins a conversation of goal and action plan.
- Patient signs Goal and Action Plan
- A follow-up appointment is scheduled to review.
- Physician begins HBA1C testing before patients meet the criteria for a diagnosis of diabetes. (Secondary prevention program)
 - If A1C is >6 patient will have goal and action form.
 - Even if patient is in the “5s”, physician will begin a Goal and Action plan.
 - If A1C is 6.5 or greater, the patient is considered to have diabetes and will be started on Metformin.

Health Literacy

From a practice manager:

- *The Toolkit attached in the hyperlink has some VERY good tools for training and designing patient education, telephone systems, etc. I downloaded it – it's 227 pages but there are hyperlinks and all kinds of great info. The Appendix has some ready to use tools that you might be interested in. Keep scrolling to get to the link – check out the Action Plans – very cool*

<http://www.ahrq.gov/professionals/quality-patient-safety/quality-resources/tools/literacy-toolkit/>





Action Plan and Planned Visits

- Handout - MQIC HF Guidelines
- Handout - BPAP
- Handout – IHI Chart
- Videos
 - **Health Coaching (Action Plans): Techniques to Deliver Patient Centered Care (6 minutes)**
<https://www.youtube.com/watch?v=pTJWtLJLOsM>
 - **Brief Action Planning-Low Back Pain Example (3 minutes)**
<https://www.youtube.com/watch?v=bUYufpFN-Yk>
 - **Brief Action Planning Example--Rheumatoid Arthritis (5:30 minutes)**
<https://www.youtube.com/watch?v=c4cXGW2L1qc>
 - **Health Coaching (Medication Reconciliation): Techniques to Deliver Patient Centered Care (5:30 minutes)**
https://www.youtube.com/watch?v=3UpzjL_aYU

Discharge Education



<http://www.caretransitions.org/documents/checklist.pdf>

http://www.caretransitions.org/caregiver_resources.asp