

Who are MMAP counselors?

MMAP counselors have been trained in health benefits counseling, including Medicare and Medicaid and other insurance products. MMAP counselors are not connected with any insurance company and they are not licensed to sell insurance.

How do I contact MMAP?

Call toll-free 1-800-803-7174. You can speak with a MMAP counselor by telephone. You can schedule an appointment to meet in person. If you are homebound, a counselor will meet you where you live. You can visit www.mmmapinc.org to find your local AAA agency.



MMAP, Inc.
Michigan Medicare/Medicaid Assistance Program

Navigating
Medicare

revised 3/20/09

Medicare and Medicaid provide health care for older adults and people with disabilities.

If you have questions, MMAP can help.



Navigating
Medicare

1-800-803-7174
www.mmmapinc.org

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LOCAL HELP FOR PEOPLE WITH MEDICARE

MMAP, Inc.
Michigan Medicare/Medicaid Assistance Program



Navigating
Medicare

MMAP is a free service that can help you make health benefit decisions

Call toll-free
1-800-803-7174
or visit
www.mmmapinc.org

What is MMAP?

MMAP:

- Trained Counselors
- Locations across Michigan
- A non-profit group



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MMAP is Michigan's SHIP, the State Health Insurance Assistance Program, and SMP provider.

MMAP works with the Area Agencies on Aging to provide objective health benefit information and counseling, and is supported by a statewide network of unpaid and paid skilled professionals.

How can MMAP help?

A MMAP counselor can help you:

- Understand Medicare and Medicaid
- Compare or enroll in Medicare Prescription Drug Coverage
- Review your Medicare supplemental insurance needs
- Understand Medicare health plans
- Apply for Medicaid or a Medicare Savings Program
- Identify and report Medicare and Medicaid fraud/abuse, or scams
- Explore long term care insurance options

Are speakers available?

Guest speakers can cover many topics:

- Medicare
- Medicaid
- Supplemental insurance
- Prescription drug coverage
- Long term care insurance
- Medicare health plans
- Medicare/Medicaid fraud and abuse
- New Medicare issues

Get involved. Volunteer!

For more information, contact MMAP at
1-800-803-7174
www.mmapinc.org