

2016 Clinical quality corner



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Initiation and engagement of alcohol and other drug dependence treatment

This measure looks at the percentage of adolescents and adults with a new episode of alcohol or other drug dependence who have experienced the following:

- Initiation of alcohol or other drug dependence treatment. Patients initiate treatment within 14 days of diagnosis in one of the following ways:
 - Inpatient alcohol or other drug dependence admission
 - Outpatient visit
 - Intensive outpatient encounter
 - Partial hospitalization
- Engagement of alcohol or other drug dependence treatment. Patients initiate treatment and then have two or more additional services with a diagnosis of alcohol or other drug dependence within 30 days of the initial visit.

Improving HEDIS® scores*

- Screen and determine risk level. Ask about the patient's past and present substance use. National Institute for Alcohol Abuse offers a Pocket Screening Guide at niaaa.nih.gov/guide.
- Educate the patient on the warning signs of addiction and risks of continued behavior. Stress the importance of ongoing treatment. Develop plan in accordance to patient's willingness to participate.

Did you know?

- Binge drinking is the most common form of excessive drinking, which is defined as four or more drinks on a single occasion for women and five for men.
- Nearly 88,000 people die annually from alcohol-related causes, making it the third leading preventable cause of death in the U.S.
- The annual cost of excessive alcohol consumption in the U.S. is more than \$224 billion.
- Prescription drug abuse is on the rise. Once addicted, some turn to heroin as a cheaper alternative.
- Comorbid mental illness and intimate partner violence are common with substance abuse.

*HEDIS, which stands for Healthcare Effectiveness Data and Information Set, is a registered trademark of the National Committee for Quality Assurance.

- Provide a list of specialists or treatment facilities for substance abuse and dependence. It's important that the patient has a follow-up visit for treatment within two weeks of diagnosis and two additional treatment related services within 30 days of diagnosis.
- Code properly. When treating patients for issues related to an alcohol or other drug dependence diagnosis, code for the diagnosis on every claim, using the following ICD-10 diagnosis code series:

Alcohol abuse/ dependence	F10.10 F10.120 F10.121 F10.129 F10.14 F10.150	F10.151 F10.159 F10.180 F10.181 F10.182 F10.188	F10.19 F10.20 F10.220 F10.221 F10.229 F10.230	F10.231 F10.232 F10.239 F10.24 F10.25 F10.251	F10.259 F10.26 F10.27 F10.280 F10.281 F10.282	F10.288 F10.29
Opioid abuse/ dependence	F11.10 F11.120 F11.121 F11.122 F11.129	F11.14 F11.150 F11.151 F11.159 F11.181	F11.182 F11.188 F11.19 F11.20 F11.220	F11.221 F11.222 F11.229 F11.23 F11.24	F11.250 F11.251 F11.259 F11.281 F11.282	F11.288 F11.29
Cannabis abuse/ dependence	F12.10 F12.120 F12.121 F12.122	F12.129 F12.150 F12.151 F12.159	F12.180 F12.188 F12.19 F12.20	F12.220 F12.221 F12.222 F12.229	F12.250 F12.251 F12.259 F12.280	F12.288 F12.29
Sedative/hypnotic or anxiolytic abuse/ dependence	F13.10 F13.120 F13.121 F13.129 F13.14 F13.150	F13.151 F13.159 F13.180 F13.181 F13.182 F13.188	F13.19 F13.20 F13.220 F13.221 F13.229 F13.230	F13.231 F13.232 F13.239 F13.24 F13.250 F13.251	F13.259 F13.26 F13.27 F13.280 F13.281 F13.282	F13.288 F13.29
Cocaine abuse/ dependence	F14.10 F14.120 F14.121 F14.122 F14.129	F14.14 F14.150 F14.151 F14.159 F14.180	F14.181 F14.182 F14.188 F14.19 F14.20	F14.220 F14.221 F14.222 F14.229 F14.23	F14.24 F14.250 F14.251 F14.259 F14.280	F14.281 F14.282 F14.288 F14.29
Other stimulant abuse/dependence	F15.10 F15.120 F15.121 F15.122 F15.129	F15.14 F15.150 F15.151 F15.159 F15.180	F15.181 F15.182 F15.188 F15.19 F15.20	F15.220 F15.221 F15.222 F15.229 F15.23	F15.24 F15.250 F15.251 F15.259 F15.280	F15.281 F15.282 F15.288 F15.29
Hallucinogen abuse/ dependence	F16.10 F16.120 F16.121 F16.122 F16.129	F16.14 F16.150 F16.151 F16.159	F16.180 F16.183 F16.188 F16.19	F16.20 F16.220 F16.221 F16.229	F16.24 F16.250 F16.251 F16.259	F16.280 F16.283 F16.288 F16.29
Inhalant abuse/ dependence	F18.10 F18.120 F18.121 F18.129	F18.14 F18.150 F18.151 F18.159	F18.17 F18.180 F18.188 F18.19	F18.20 F18.220 F18.221 F18.229	F18.24 F18.250 F18.251 F18.259	F18.27 F18.280 F18.288 F18.29
Other psychoactive substance abuse/ dependence	F19.10 F19.120 F19.121 F19.122 F19.129 F19.14	F19.150 F19.151 F19.159 F19.16 F19.17 F19.180	F19.181 F19.182 F19.188 F19.19 F19.20 F19.220	F19.221 F19.222 F19.229 F19.230 F19.231 F19.232	F19.239 F19.24 F19.250 F19.251 F19.259 F19.26	F19.27 F19.280 F19.281 F19.282 F19.288 F19.29