



One of a series of tip sheets that look at key Healthcare Effectiveness Data and Information Set measures

## Postpartum care

This measure examines the percentage of deliveries that included a postpartum visit on or between 21 and 56 days after delivery.

### Improving HEDIS® scores\*

**Schedule** postpartum visits following delivery, but prior to hospital discharge.

**Remind** patients through phone calls or mailings of the date and time of their follow-up appointment.

**Document** in the medical record the date of the postpartum visit and one of the following:

- Pelvic exam
- Evaluation of weight, blood pressure, breast (notation of breastfeeding is acceptable for evaluation of breast) and abdomen
- Notation of postpartum care, six-week checkup or a preprinted "postpartum care" form

Bill and code separately for prenatal, delivery and postpartum visits. (See tip below and additional information on reverse side.)

### Did you know?

- Postpartum depression is one of the most prevalent complications after delivery, affecting nearly 13 percent of women.
- A history of prior postpartum depression increases the risk to 25 percent.
- Four to 7 percent of pregnancies result in a thyroid disorder during the first year after pregnancy.
- Urinary incontinence is common during the first year after delivery, affecting approximately 3 to 23 percent of women.

## Tip:

HEDIS data has shown that providers with the highest scores for postpartum care report individual component codes for antepartum, delivery and postpartum visits. Therefore, we are aligning with best practices and encourage you to bill as outlined on the back of this tip sheet.

\*HEDIS, which stands for Healthcare Effectiveness Data and Information Set, is a registered trademark of the National Committee for Quality Assurance.

Maternity services	Number of visits	Codes to report	Date of service
Antepartum care only	1 to 3	Use the appropriate evaluation and management codes for each visit.	Report the date of service for each antepartum visit.
Antepartum care only	4 to 6	Use CPT code *59425 and one unit.	Report the first initial antepartum visit in the FROM field and the last antepartum visit before delivery in the TO field.
Antepartum care only	7 or more	Use CPT code *59426 and one unit.	Report the first initial antepartum visit in the FROM field and the last antepartum visit before delivery in the TO field.
Delivery		Use the appropriate CPT OB delivery code.	Report the same date of service (the date of delivery) in both the FROM and TO fields.
Postpartum		Use CPT code *59430 and one unit.	Report the postpartum visit date in both the FROM and TO fields.

## Global maternity reporting:

- Although global reporting is an alternative method, it's not the recommended best practice.
- Blue Cross will continue to accept global maternity codes only when reported with the Category II procedure code 0503F. The provider should've completed all components within the global service.
- Report the appropriate global code along with the first antepartum date in the FROM field and the delivery date in the TO field.
- Report the Category II 0503F postpartum visit date in both the FROM field and TO field.

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