

Case 3: “We think now is not the right time...”

PP is a 31-year-old who is in for routine follow up. She and her husband have decided to wait to start a family, so she has been back on birth control for a few months now. She wants to make sure that her prescription for birth control pills is current, and she requested a renewal for refills earlier today. She does note that she has been on an antibiotic for a respiratory infection; she thinks it is Augmentin, but is not sure. She has taken this for a couple of days and thinks there is about a week, or 10 days total she is to be on it—she would need to check the bottle and she left that at home. She is a “light smoker” (usually 6-8 cigarettes per day) and only drinks socially, at most once a week on the weekend and would not have more than 4-6 beers at that time. She is interested in talking a little about smoking cessation today, in case they decide to try to get pregnant again.

Her previous medical history includes hypertension, for which she takes Lisinopril 10 mg daily. She watches the salt in her diet, and is an active runner, averaging 210 minutes of running per week.

Current medications:

Augmentin 500 mg twice daily for 7 days (on day 2—obtained from EMR)

Lisinopril 10 mg daily

Ortho Novum 7/7/7

Relevant Vitals:

BP 118/76 right arm seated

Pulse: 68

Relevant labs

Creatinine: 1.0

Potassium: 3.9

Questions:

1. What drug interaction are you concerned about with PP’s current medications?
2. How would you counsel PP today?