Grand Traverse County Resources

**Dental Care**

* Traverse Health Clinic, 3147 Logan Valley Road, Traverse City, 231-935-0810
* Dental Clinics North (at the Grand Traverse County Health Department), 2325 Garfield Road, N, Suite C, Traverse City, for anyone with Medicaid, Delta Dental (Healthy Kids Dental & MIChild) or through Northern Dental Plan. Call Northern Dental Plan at 877-321-7070 or the Grand Traverse County Health Department at 231-932-7316

**Medical treatment**

* Traverse Health Clinic, 3147 Logan Valley Road, Traverse City, 231-935-0668
* Northwest Michigan Health Services, Inc., 10767 Traverse Highway, Suite B, Traverse City, MI 49684, Phone- 231-947-1112, Fax- 231-947-7739 (Hispanic Services)
* Grand Traverse County Health Department, (Women’s Care) 2325 Garfield Rd., N., 231-922-4831
* Loan Closet, wheelchairs and other medical supplies, 231-922-2349

**Vision**

* Vision Program, Traverse Health Clinic 3147 Logan Valley Road, Traverse City, 231-935-0799

**Prescription & Co-Pay Assistance**

* Healthwell Foundation , 800-675-8416 or [www.healthwellfoundation.org](http://www.healthwellfoundation.org)
* Together Rx Access, 800-444-4106
* CancerCare Co-Payment Assistance Foundation, 1-800-813-4673
* Chronic Disease Fund, 1-877-968-7233
* Patient Advocate Foundation Co-Pay Relief Program, 1-866-512-3861, [www.copays.org](http://www.copays.org)
* Partnership for Prescription Assistance (PPARx), 1-888-477-2669, [www.pparx.org](http://www.pparx.org)

**Co-Pay Assistance**

* Healthwell Foundation , 800-675-8416 or [www.healthwellfoundation.org](http://www.healthwellfoundation.org)

**Insurance Assistance**

* HIP Michigan, [www.hipmichigan.com](http://www.hipmichigan.com), affordable health coverage for people who are otherwise unable to purchase health insurance due to pre-existing conditions.
* Patient Services, Inc. (PSI) [www.uneedpsi.org](http://www.uneedpsi.org) 800-366-7741

**Financial Assistance**

* **Utilities/Rent/Security Deposit**
	+ Northwest MI Community Action Agency, 3963 Three Mile, Traverse City, 231-947-3780
	+ Department of Human Services, 701 S. Elmwood, 231-941-3900
	+ CMH Path Program, 105 Hall Street, Traverse City, 231-933-4921, (If has a mental illness diagnosis.)
* CancerCare, 1-800-813-4673
* Women’s Cancer Fund, 231-935-6482
* Father Fred Foundation, 231-947-2055
* Love Incorporated, (medications, gas, utilities, housing, other expenses), 231-941-5683 or www.loveinctraverse.org
* Salvation Army, 1239 Barlow Street, Traverse City, 231-946-4644
* Help Link, 231-946-6278

**Legal Assistance**

* Legal Aid Clinic, 1022 E. Front St. Traverse City, 231-922-4800, Hours: Tuesdays; sign in 5p, return at 7p
* Legal Services of Northern MI, 207 Grandview Pkwy, Traverse City, 231-941-0771
* Traverse Attorney Referral Service, 231-922-4713
* Cancer Legal Resource Center, 1-866-843-2572, [www.cancerlegalresourcecenter.org](http://www.cancerlegalresourcecenter.org), Hours: M-F, 9a-5p, Pacific Time

**Mental Health Services**

* Traverse Health Clinic, 3147 Logan Valley Road, Traverse City, 231-935-0810
* Northern Lakes Community Mental Health, 105 Hall Street, Traverse City, 231-922-4850
* Third Level Crisis Intervention Center, 1022 E. Front St., Traverse City, 231-922-4800
* Women’s Resource Center, 720 S. Elmwood, Traverse City, 231-941-1210
* Catholic Human Services, 1000 Hastings, Traverse City, 231-947-8110
* Pine Rest Christian Mental Health Services, 1050 Silver Drive, Traverse City, 231-947-2255
* Child and Family Services, 3785 Veterans Drive, Traverse City, 231-946-8975

**Counselors**

* Adaptive Counseling and Case Management, Kevin Debruyn, 3335 South Airport Rd. Traverse City MI 715-8466
* David Rushlow, LMSW, The Maple Clinic, 515 S. Union Street, Traverse City, MI, 231-935-6385
* Carol Murray, LMSW, Lakeview Counseling, 1844 Oak Hollow Dr, Ste B, Traverse City, MI, 231-935-0300
* Peter Zutendyke, LMSW, MA, 802 South Garfield Avenue, Traverse City, ,231-947-0511

**Cancer Support Groups**

* Munson Healthcare, 1105 Sixth Street, Biederman Cancer Treatment Center, group meets 1st and 3rd Monday of the month from 5p-6:30p. Contact Laurie Patrick at 231-935-6921 for more information.
* Cancer*Care*, 1-800-813-4673, [www.cancercare.org](http://www.cancercare.org)., telephone and online support groups available for patients and caregivers.
* Cancer Support Community, 1-888-793-9355, [www.cancersupportcommunity.org](http://www.cancersupportcommunity.org), on line support groups for patients and caregivers.
* Grand Traverse **Breast Cancer** Support Group (Breast Cancer Women Only), Munson Community Health Center, Classroom G, meets 3rd Wednesday, 7-9:00 pm, to share coping strategies, educational materials and provide mutual support. For more information: 231-935-8216 or 1-800-376-7735

**Cancer Support Organizations**

* The American Cancer Society, 1-800-227-2345, [www.cancer.org](http://www.cancer.org)
* Cancer*Care*, 1-800-813-4673, [www.cancercare.org](http://www.cancercare.org)
* Cancer Support Community, 1-888-793-9355, [www.cancersupportcommunity.org](http://www.cancersupportcommunity.org)
* Live Strong/Lance Armstrong Foundation, 1-866-673-7205, [www.livestrong.org](http://www.livestrong.org)

**Diagnosis Specific Cancer Support Organizations**

* Mission 4 Maureen, 1-440-840-649, [www.mission4maureen.org](http://www.mission4maureen.org),financial assistance for **brain tumor patients**
* Susan G. Komen,1-877-465-6636, [www.komen.org](http://www.komen.org), for patients with **breast cancer patients**
* Sisters Network, Inc., 1-866-781-1808, [www.sistersnetworkinc.org](http://www.sistersnetworkinc.org), a national **African-American breast cancer** survivorship organization, providing financial and emotional support and assistance.
* Men Against Breast Cancer, 1-866-547-6222, [www.menagainstbreastcancer.org](http://www.menagainstbreastcancer.org), support services for **men** who have a loved one with breast cancer.
* Caring from a Distance, [www.cfad.org](http://www.cfad.org), support for **long-distance caregivers**.

**Local Transportation**

* Bay Area Transportation Authority/Cherriot/City Ride/County Ride, 231-941-2324
* American Cancer Society, 231-947-0860, Transportation to and from treatment for cancer patients.
* Harbor Care Associates Transport – Wheelchair Transportation. 1396 Douglas Drive, Suite 22D, Traverse City, 231-922-1277 or 1-877-946-8066
* Workers on Wheels Program (WOW), 231-995-7718

**Air Travel Assistance**

* Wings of Mercy, 231-941-9767
* Angel Flight, 800-296-3797
* North Flight EMS, 800-922-6170

**Food**

Food Pantries

* Father Fred Foundation, 826 Hasting, Traverse City, 231-947-2055, Hours: Tuesday/Thursday/Friday 10a-2p & Wednesday 10a-7:30p
* Goodwill Inn, 2943 Keystone Rd, Traverse City, 231-922-4890, Hours: Daily, Open 24 hours
* Grand Traverse Baby Pantry, 507 W 8th Street, Traverse City, 231-941-0655, Hours: 2nd & 4th Tuesday of the month, 1:00p-5:45p
* Immaculate Conception, 720 Second Street, Traverse City, 231-946-2782, Hours: Tuesday & Thursday 7p-8p
* Grace Episcopal, 341 Washington St, Traverse City, 231-947-2330, Hours: Mon/Wed/Friday 2:00p (call before noon)
* St. Michael’s Lutheran Church, 912 Garfield, Traverse City, 231-937-5293, Hours: Tuesday & Thursday 1p-3p
* The Third Meal Food Pantry, 3003 S. Garfield Rd, Traverse City, 231-932-1590, Hours: Tuesday/Friday/Saturday 10a-4p
* The Salvation Army, 1239 Barlow, Traverse City, 231-946-4644, Hours: Monday-Friday 9a-5p
* Trinity Lutheran Pantry, 1003 S Maple St, Traverse City, 231-946-2720, Hours: Monday-Friday 9a-4p
* ACTS, 5782 US 31 North, Acme, 231-938-2990, Hours: Wednesday & Sat 3p-5p Contact – Carol
* Kingsley UM Church, 113 Blair St, Kingsley, 231-263-5278, Hours: Mon-Fri 9a-12p, Wed 7p-9p
* Redeemer Food Pantry Interlochen, US 31 @ Rogers Rd, Interlochen, 231-276-6372, Hours: Monday 12p-2p, Thursday 10a-12p
* Resurrection Life Church Mobile Pantry, E. Commerce Dr., Grawn, Hours: 2nd Tuesday 3:00p
* Living Hope, 3050 S. Airport W, Traverse City, 231-946-4530, Hours: Call as needed
* Mt. Zion FWC, 630 W Eighth St, Traverse City, 231-946-4200, Hours: Call as needed

**A Hot Meal**

* Sunday 1p, Sojourn Church at Grace Episcopal, 349 Washington, Traverse City, 231-947-2330
* Sunday 5p, Monday 5:30, Trinity Lutheran Church, 103 S. Maple, Traverse City, 231-946-2720
* Mon/Wed/Friday Noon, Salvation Army, 1239 Barlow Street, 231-946-4644
* Tuesday 11:30a, The Friends Church, 206 South Oak Street (5th & Oak), 231-995-0152
* Tuesday 5:30 p, First Church of the Nazarene, 1023 S. Division, 231-947-5445
* Wednesday (Oct-April), 5p, First Christian Church, 3686 S. Airport, 231-946-4074
* Thursday, Noon, Central United, 222 Cass Street, 231-946-5191
* Thursday, 5:30 p, Faith Reformed Church, 1139 E. Front Street, 231-947-7082
* Friday, Noon, Grace Episcopal, 349 Washington St., 231-947-2330
* Saturday, Noon, St. Francis High School Cafeteria, 123 E. 11th Street, 231-946-8038
* Saturday, 5:30p, Peninsula Bible Church, 430 Fair St (corner of Fair & Titus), 231-946-9451

**Meals on Wheels**

* Northwest MI Community Action Agency, 231-947-3780 or 1-800-632-7334

**Senior Luncheon Centers**

* Northwest MI Community Action Agency, 231-947-3780 or 1-800-632-7334

**Housing Assistance**

* Third Level Crisis Intervention Center, 1022 E. Front St., Traverse City, 231-922-4800
* Women’s Resource Center, 720 S. Elmwood, Traverse City, 231-941-1210
* NW MI Community Action Agency, 3963 Three Mile, Traverse City, 231-947-3780
* Goodwill Inn, 2943 Keystone, Traverse City, 231-922-4890
* Traverse City Housing Commission, 10200 E. Carter Centre, Traverse City, 231-922-4915
* SEE-CON, 231-377-7155
* HomeStretch Rental Program, 231-947-6001
* Habitat for Humanity, 231-941-4663
* Help Link, 231-946-6278
* Many Rooms 231-944-6582

**Durable Medical Equipment**

* Loan Closet, wheelchairs and other medical supplies, 231-922-2349
* Senior Loan Closet, Commission on Aging, 520 W. Front Street, Traverse City, 231-922-4688, for residents 60 year old and fees based on household income.

**Wigs**

* Crowning Glory, 1136 E. Eight Street, Traverse City, 231-941-4993
* C. Quinn’s Hair Design, 1122 Carver Street, Traverse City, 231-946-7123
* Paula Young Wigs, 1-800-343-9695, [www.paulayoung.com](http://www.paulayoung.com), catalog orders
* American Cancer Society’s Look Good, Feel Better program, Munsons Healthcare’s Smith Family Breast Health Center at Cooper Ridge, Traverse City, 1-800-227-2345. Hours: Second Tuesday of the month, 10:30a – 12:00p. To register for this **Free** program call the American Cancer Society at 1-800-227-2345.

**Senior Services**

* Northwest MI Area Agency on Aging, 1609 Park Drive, Traverse City, 231-947-8920, provides information/referral and case management to seniors.
* Commission on Aging, 520 W. Front Street, Traverse City, 231-922-4688, services are intended to help seniors (60 yrs+) remain living in their homes, services include homemaker aides, home health care aides, respite care aides, foot care, lawn maintenance, show plowing, equipment loan closet and window washing. Sliding scale fees based on household income.
* Aging & Disability Resource Collaborative, 866-642-4582, services are for anyone of any age who may need long-term care supports and services. ADRCNM will help find what services are available in your community such as assistance with dressing, bathing, assistance getting to appointment, Skilled Nursing Facility transitions back into the home, and financial assistance for support and care, filling out disability paperwork, etc.