

## eCW Clinical Documentation Guide

Measure Name	Body Mass Index (BMI) Screening and Follow-Up
Relevance	<p>NPO Population Clinical Quality Dashboard [NQF 0421: Prevention &amp; Screening Measure]            ACO Quality Measure #16 [GPRO: Preventive Measure]            MIPS Clinical Quality Measure [CMS 69 (EHR)/Registry 128: Process Measure]</p>
Measure Definition	<p><i>The percentage of pages, 18 years of age and older, with a calculated BMI documented during the most recent visit, or within the previous 6 months, and, if the BMI is outside of normal parameters, a follow-up plan is documented during the current visit, or within the previous 6 months</i></p> <p>Normal range is defined as: 18.5 &lt; BMI &lt; 25 for patients 18 years of age and older</p>
Measurement Period	<p>The <b>Measurement Period</b> is defined as the current calendar year (January 1 - December 31)</p>
Denominator	<p>The <b>Denominator</b> consists of patients who:</p> <ol style="list-style-type: none"> <li>I. Are 18 years of age or older</li> <li>II. <b>AND</b>, Have been seen for at least one applicable E&amp;M encounter during the Measurement Period</li> </ol>
Numerator	<p>The <b>Numerator</b> consists of patients, from the Denominator, who:</p> <ol style="list-style-type: none"> <li>I. Have had a calculated BMI documented           <ol style="list-style-type: none"> <li>A. During the most recent encounter</li> <li>B. <b>Or</b>, within the 6 months prior to the most recent encounter</li> </ol> </li> <li>II. <b>And</b>, if the BMI value is outside of normal parameters, have had a follow-up plan documented           <ol style="list-style-type: none"> <li>A. During the most recent encounter</li> </ol> </li> </ol> <p style="text-align: right;"><i>(continued)</i></p>

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Measure Name	Body Mass Index (BMI) Screening and Follow-Up <i>(continued)</i>
<p><b>Numerator</b> <i>(continued)</i></p>	<p>B. <u>Or</u>, within the 6 months prior to the most recent encounter</p> <p>III. Examples of follow-up plans include, but are not limited to:</p> <p>A. Documentation of education</p> <p>B. Referral</p> <ol style="list-style-type: none"> <li>1. E.g., To a Registered Dietician</li> <li>2. E.g., To a Nutritionist</li> <li>3. E.g., To an Occupational Therapist</li> <li>4. E.g., To a Physical Therapist</li> <li>5. To a Primary Care Provider</li> <li>6. E.g., To an Exercise Physiologist</li> <li>7. E.g., To a Mental Health Professional specializing in weight management</li> <li>8. E.g., To a Bariatric Surgeon</li> </ol> <p>C. Pharmacological Interventions (including dietary supplements)</p> <p>D. Exercise Counseling (including suggestions for an exercise plan)</p>
<p><b>Exclusions and/or Exceptions</b></p>	<p>Patients are <b>excluded/excepted</b> from the Denominator for one of the following reasons:</p> <p>I. They have an active diagnosis of Pregnancy during the Measurement Period</p> <p>II. A medical reason exists for failure to calculate and document a BMI during the Measurement Period (I.e., The patient is in an urgent or emergent medical situation where time is of the essence)</p> <p>III. A patient reason exists for failure to calculate and document a BMI during the Measurement Period (I.e., The patient has refused measurement of weight and/or height)</p> <p style="text-align: right;"><i>(continued)</i></p>

Measure Name	Body Mass Index (BMI) Screening and Follow-Up <i>(continued)</i>
<p style="text-align: center;"><b>Measure Documentation</b></p>	<p style="text-align: center;"><b><u>To Qualify For This Measure</u></b> <i>(Denominator Documentation)</i></p> <p><b>The patient has been seen for an applicable E&amp;M encounter during the Measurement Period</b></p> <p>A. The following E&amp;M codes identify applicable visit encounters</p> <ol style="list-style-type: none"> <li>1. 90791 - 90792</li> <li>2. 90832, 90834, and 90837</li> <li>3. 96150 - 96152</li> <li>4. 97001 and 97003</li> <li>5. 97802 - 97803</li> <li>6. 98960</li> <li>7. 99201 - 99205 and 99212 - 99215</li> <li>8. G0101, G0108, G0270 - G0271, G0402, G0438 - G0439, and G0447</li> <li>9. D7140 and D7210</li> </ol> <p>B. <b>Record the appropriate E&amp;M code in the Billing section of the Progress Note for the visit</b> <i>(Progress Notes → Billing)</i></p>
	<p style="text-align: center;"><b><u>To Satisfy This Measure</u></b> <i>(Numerator Documentation)</i></p> <p>I. <b>Document a calculated BMI for the patient during the E&amp;M visit</b></p> <ol style="list-style-type: none"> <li>A. Measure the patient's height and weight</li> <li>B. <b>Document the height and weight in the "Vitals" section of the Progress Note for the visit</b> <ol style="list-style-type: none"> <li>1. I.e., <i>Progress Notes → Vitals → Height and Weight → BMI</i></li> <li>2. A calculated BMI should display in the Vitals section of the Progress Note</li> </ol> </li> </ol> <p style="text-align: right;"><i>(continued)</i></p>

Measure Name	Body Mass Index (BMI) Screening and Follow-Up <i>(continued)</i>
<p><b>Measure Documentation</b> <i>(continued)</i></p>	<p>II. Document an abnormal BMI follow-up plan in a structured data field</p> <p>A. eCW suggests the following path for an Above-Normal BMI Follow-Up Plan</p> <p><i>Progress Notes</i> → <i>Preventive Medicine</i> → <i>Counseling</i></p> <p style="text-align: center;">↓</p> <div style="text-align: center;"> <div style="border: 1px solid black; padding: 2px; display: inline-block;">BMI Care Goal Follow-Up Plan</div> →              <div style="border: 1px solid black; padding: 2px; display: inline-block; margin-left: 20px;">Above-Normal BMI Follow-Up</div> </div> <p style="text-align: center;">↓</p> <p style="text-align: center;"><b>Select Option</b></p> <ol style="list-style-type: none"> <li>1. The required structured data fields are outlined (boxed) in the pathway above</li> <li>2. If necessary, generate (and map) the above structured data path, as follows             <ol style="list-style-type: none"> <li>a. Add "BMI Care Goal Follow-Up Plan" as an item in the Counseling folder in Preventive Medicine                 <ol style="list-style-type: none"> <li>1) From within a Progress Note or Virtual Visit, click on the "Preventive Medicine" link</li> <li>2) Click on the Counseling folder</li> <li>3) If "BMI Care Goal Follow Up" is not listed in the options that subsequently display                     <ol style="list-style-type: none"> <li>a) Click the carat adjacent to the "Custom" button</li> <li>b) Select "New Item"</li> <li>c) Type "BMI Care Goal Follow-Up Plan" in the "Name" field</li> <li>d) Check the "Structured Data" box</li> <li>e) Click "OK" to close the window</li> </ol> </li> </ol> </li> <li>b. To map the field, click the "Community" tab in the top menu bar</li> <li>c. Select "Mappings"</li> <li>d. Select "Structured Data"                 <ol style="list-style-type: none"> <li>1) A Structured Data "Mapper" window will open</li> <li>2) Enter the following information for both the Community and Local sides:</li> </ol> </li> </ol> </li> </ol> <p style="text-align: center;"><i>(continued)</i></p>

Measure Name	Body Mass Index (BMI) Screening and Follow-Up <i>(continued)</i>
<p><b>Measure Documentation</b> <i>(continued)</i></p>	<ul style="list-style-type: none"> <li>a) Section = "Preventive Medicine"</li> <li>b) Category = "Counseling"</li> <li>c) Item = "BMI Care Goal Follow-Up Plan"</li> </ul> <p>3) A list of structured data options will appear on the Community side (Items in black font have not yet been mapped)</p> <ul style="list-style-type: none"> <li>a) Select "Above Normal BMI Follow-Up" from the Community side</li> <li>b) Click "Add" to add the option to the Local side and map it to the Community element</li> <li>c) Both options should now be displayed in blue font</li> </ul> <p>4) A new window, containing the structured options for "Above Normal BMI Follow-Up" will then appear</p> <ul style="list-style-type: none"> <li>a) Select an option from the Community side</li> <li>b) Click "Add" to add it to the Local side and map it to its Community counterpart</li> <li>c) Repeat with the remaining Community options</li> </ul> <p>B. eCW suggests the following path for a "Below-Normal BMI Follow-Up Plan"</p> <p><i>Progress Notes</i> → <i>Preventive Medicine</i> → <i>Counseling</i></p> <p style="text-align: center;">↓</p> <p style="text-align: center;"> <span style="border: 1px solid black; padding: 2px;"><b>BMI Care Goal Follow-Up Plan</b></span> → <span style="border: 1px solid black; padding: 2px;"><b>Below-Normal BMI Follow-Up</b></span> </p> <p style="text-align: center;">↓</p> <p style="text-align: center;"><b>Select Option</b></p> <ul style="list-style-type: none"> <li>1. The required structured data fields are outlined (boxed) in the pathway above</li> <li>2. If necessary, generate (and map) the "Below-Normal BMI Follow-Up Plan" structured data field (and associated options), as detailed above</li> </ul> <p>C. <b>Record an abnormal BMI follow-up plan in the appropriate structured data field in the Progress Note for the visit</b> <i>(continued)</i></p>

Measure Name	Body Mass Index (BMI) Screening and Follow-Up <i>(continued)</i>
<p style="text-align: center;"><b>Measure Documentation</b> <i>(continued)</i></p>	<p style="text-align: center;">D. Variations of the above structured data paths (e.g., created in a different section of the Progress Note) are acceptable as long as the fields are mapped to the Community counterparts delineated in the paths above</p> <p>III. <u>Or</u>, Document an abnormal BMI intervention procedure using an appropriate CPT or HCPCS code</p> <p style="padding-left: 40px;">A. The following CPT and HCPCS codes identify an Above-Normal BMI intervention procedure</p> <ol style="list-style-type: none"> <li>1. 43644 - 43645</li> <li>2. 43770 -43774</li> <li>3. 43842 -43848</li> <li>4. 97804, 98960, and 99708</li> <li>5. G8417</li> <li>6. S9449, S9451, S9452 and S9470</li> </ol> <p style="padding-left: 40px;">B. The following CPT codes identify a Below-Normal BMI intervention procedure</p> <ol style="list-style-type: none"> <li>1. G8418</li> <li>2. S9449, S9452 and S9470</li> </ol> <p style="padding-left: 40px;">C. Record the appropriate code in one of the following locations in the Progress Note for the visit</p> <ol style="list-style-type: none"> <li>1. <i>Progress Notes → Treatment → Procedures</i></li> <li>2. <i>Progress Notes → Billing</i></li> </ol> <p>IV. <u>Or</u>, Record a diagnosis for an abnormal BMI intervention</p> <p style="padding-left: 40px;">A. The following ICD-10 code indicates an abnormal (above- or below-normal) BMI intervention: Z71.3</p> <p style="padding-left: 40px;">B. Record this diagnosis code in one of the following locations in the Progress Note for the visit</p> <p style="text-align: center;"><i>(continued)</i></p>

Measure Name	Body Mass Index (BMI) Screening and Follow-Up <i>(continued)</i>
<p><b>Measure Documentation</b> <i>(continued)</i></p>	<ol style="list-style-type: none"> <li>1. <i>Progress Notes</i> → <i>Assessments</i></li> <li>2. <i>Progress Notes</i> → <i>Assessments</i> → <i>Problem List</i></li> </ol> <p>V. <b>Or, Record a dietary consultation order in a structured data field</b></p> <p>A. eCW recommends the following path for a dietary consultation order</p> <p><i>Progress Notes</i> → <i>Preventive Medicine</i> → <i>Counseling</i></p> <div style="text-align: center;"> <pre> graph TD     A[Progress Notes] --&gt; B[Preventive Medicine]     B --&gt; C[Counseling]     C --&gt; D[Provider to Provider Communication]     D --&gt; E[Dietary Consultation Order Provided]     E --&gt; F[Select Yes or No]             </pre> </div> <ol style="list-style-type: none"> <li>1. The required structured data fields are outlined (boxed) in the path above</li> <li>2. If necessary, generate (and map) the above structured data fields, as follows             <ol style="list-style-type: none"> <li>a. Add "Provider to Provider Communication" as an item in the "Counseling" folder in Preventive Medicine                     <ol style="list-style-type: none"> <li>1) From within a Progress Note or Virtual Visit, click on the "Preventive Medicine" link</li> <li>2) Click on the "Counseling" folder</li> <li>3) If "Provider to Provider Communication" is not listed in the options that subsequently display                             <ol style="list-style-type: none"> <li>a) Click the carat adjacent to the "Custom" button</li> <li>b) Select "New Item"</li> <li>c) Type "Provider to Provider Communication" in the "Name" field</li> <li>d) Check the "Structured Data" box</li> <li>e) Click "OK" to close the window</li> </ol> </li> </ol> </li> <li>b. To map the fields, click the "Community" tab in the top menu bar in eCW</li> </ol> </li> </ol> <p style="text-align: right;"><i>(continued)</i></p>

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Measure Name	Body Mass Index (BMI) Screening and Follow-Up <i>(continued)</i>
<p><b>Measure Documentation</b> <i>(continued)</i></p>	<ol style="list-style-type: none"> <li>1) Select "Mappings"</li> <li>2) Select "Structured Data"               <ol style="list-style-type: none"> <li>a) A Structured Data "Mapper" window will open</li> <li>b) Enter the following information for both the Community and Local sides:                   <ol style="list-style-type: none"> <li>(1) Section = Preventive Medicine</li> <li>(2) Category = Counseling</li> <li>(3) Item = Provider to Provider Communication</li> </ol> </li> <li>c) A list of structured data options will appear on the Community side (Items in black font have not yet been mapped)                   <ol style="list-style-type: none"> <li>(1) Select "Above Normal BMI Follow-Up" from the Community side</li> <li>(2) Click "Add" to add the option to the Local side and map it to the Community element</li> <li>(3) Both options should now be displayed in blue font</li> </ol> </li> </ol> </li> <li>3. Record the dietary consultation in the structured data field in the Progress Note for the visit</li> <li>4. Variations of the above structured data path (e.g., created in a different section of the Progress Note) are acceptable as long as the fields are mapped to their Community counterparts delineated in the path above</li> </ol> <p><b>VI. <u>Or</u>, Initiate a referral for (Reason = Over- or Underweight) for BMI management</b></p> <p>A. The referral must be made to one of the following specialties:</p> <ol style="list-style-type: none"> <li>1. Physical Medicine &amp; Rehabilitation</li> <li>2. Psychiatry</li> <li>3. Community-Based Dietician</li> <li>4. Community-Based Occupational Therapist</li> </ol> <p style="text-align: right;"><i>(continued)</i></p>



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Measure Name	Body Mass Index (BMI) Screening and Follow-Up <i>(continued)</i>
<p><b>Measure Documentation</b> <i>(continued)</i></p>	<ol style="list-style-type: none"> <li>5. Dietician</li> <li>6. General Physician</li> <li>7. General Practitioner</li> <li>8. Hospital-Based Dietician</li> <li>9. Hospital-Based Occupational Therapist</li> <li>10. Liaison Psychiatry Service</li> <li>11. Mental Health Counseling</li> <li>12. Mental Health Counselor</li> <li>13. Mental Health Counseling Service</li> <li>14. Mental Health Counselor</li> <li>15. Mental Health Team</li> <li>16. Mental Health Worker</li> <li>17. Occupational Therapy</li> <li>18. Psychiatry Service</li> <li>19. Physician</li> </ol> <p><b>B. Record this referral in the following location for the Progress Note for the visit:</b> <b>(Progress Notes → Treatment → Outgoing Referral → Specialty)</b></p> <p><b>VII. <u>OR</u>, Order a medication (for being over- or underweight) from one of the following locations within the Progress Note for the visit</b></p> <ol style="list-style-type: none"> <li>A. <i>Progress Notes → Treatment → Add</i></li> <li>B. <i>Telephone/Web Encounter → Rx tab → Select Rx</i></li> <li>C. <i>Telephone/Web Encounter → Virtual Visit tab → Treatment → Add</i></li> </ol>
<p><b>Exclusion and/or Exception Documentation</b></p>	<p style="text-align: center;"><b><u>To Exclude a Patient From This Measure</u></b> <i>(Exclusion and/or Exception Documentation)</i></p> <ol style="list-style-type: none"> <li>I. <b>If applicable, document an appropriate diagnosis for Pregnancy in the Problem List of the patient's chart in eCW</b></li> </ol> <p style="text-align: right;"><i>(continued)</i></p>

Measure Name	Body Mass Index (BMI) Screening and Follow-Up <i>(continued)</i>
<p><b>Exclusion and/or Exception Documentation</b> <i>(continued)</i></p>	<p>II. If applicable, document the inability to record a calculated BMI, during the Measurement Period, due to a medical or patient reason, in a structured data field, as follows:</p> <p>A. eCW recommends the following data path</p> <p><i>Progress Notes</i> → <i>Examination</i> → <i>CQM Exceptions</i></p> <p style="text-align: center;">↓</p> <p style="text-align: center;"> <span style="border: 1px solid black; padding: 2px;">BMI not documented</span> →              <span style="border: 1px solid black; padding: 2px;">Reason</span> →              <span style="border: 1px solid black; padding: 2px;">Select Medical or Patient Reason</span> </p> <p style="text-align: center;">↓</p> <p style="text-align: center;"><i>Select type of (Medical or Patient) reason</i></p> <ol style="list-style-type: none"> <li>1. The required structured data fields are outlined (boxed) in the path above</li> <li>2. <b>If necessary, generate (and map) the above structured data path, as follows:</b> <ol style="list-style-type: none"> <li>a. Add "BMI Not Documented" as an item in the "CQM Exceptions" folder in Examination                     <ol style="list-style-type: none"> <li>1) From within a Progress Note or Virtual Visit, click on the "Examination" link</li> <li>2) Click on the "CQM Exceptions" folder</li> <li>3) If "BMI Not Documented" is not listed in the options that subsequently display                             <ol style="list-style-type: none"> <li>a) Click the carat adjacent to the "Custom" button</li> <li>b) Select "New Item"</li> <li>c) Type "BMI Not Documented" in the "Name" field</li> <li>d) Check the "Structured Data" box</li> <li>e) Click "OK" to close the window</li> </ol> </li> </ol> </li> <li>b. To map the fields, click on the "Community" tab in the top menu bar within eCW                     <ol style="list-style-type: none"> <li>1) Select "Mappings"</li> <li>2) Select "Structured Data"</li> </ol> </li> </ol> </li> </ol> <p style="text-align: right;"><i>(continued)</i></p>

Measure Name	Body Mass Index (BMI) Screening and Follow-Up <i>(continued)</i>
<p><b>Exclusion and/or Exception Documentation</b> <i>(continued)</i></p>	<ul style="list-style-type: none"> <li>a) A Structured Data "Mapper" window will open</li> <li>b) Enter the following information for both the Community and Local sides:                             <ul style="list-style-type: none"> <li>(1) Section = Examination</li> <li>(2) Category = CQM Exceptions</li> <li>(3) Item = BMI Not Documented</li> </ul> </li> <li>c) A list of structured data options will appear on the Community side (Items in black font have not yet been mapped)                             <ul style="list-style-type: none"> <li>(1) Select "Reason" from the Community side</li> <li>(2) Click "Add" to add the option to the Local side and map it to the Community element</li> <li>(3) Both options should now be displayed in blue font</li> </ul> </li> <li>d) A new window, containing the structured options for "Reason" will then appear                             <ul style="list-style-type: none"> <li>(1) Select an option from the Community side</li> <li>(2) Click "Add" to add it to the Local side and map it to its Community counterpart</li> <li>(3) Repeat with the remaining Community options</li> <li>(4) Repeat the process until all necessary items on the Community side have been added to the Local side and mapped</li> </ul> </li> </ul>
<p><b>Trouble-Shooting</b></p>	<p style="text-align: center;"><b><u>Having Problems? Check Out the Following Trouble-Shooting Tips</u></b></p> <ul style="list-style-type: none"> <li>I. <b>Verify that the Vitals fields in your EMR are properly configured</b> <ul style="list-style-type: none"> <li>A. From the EMR menu, select "Vitals"</li> <li>B. Select "Configure Vitals"</li> </ul> </li> </ul> <p style="text-align: right;"><i>(continued)</i></p>

Measure Name	Body Mass Index (BMI) Screening and Follow-Up <i>(continued)</i>
<p><b>Trouble-Shooting</b> <i>(continued)</i></p>	<p>C. Verify that the BMI parameter is selected to display in the Progress Note</p>
	<p><b>II. Verify that all structured data fields used are mapped to the correct Community elements in your EMR</b></p> <p>For further assistance with structured data fields and mapping issues, contact an eCW Technical Service representative</p>
	<p><b>III. Verify that, for every abnormal BMI recorded, a follow-up plan of action has been documented, either at the time of the current visit or within the 6 months prior to the current visit</b></p>
	<p><b>IV. Verify that any applicable ICD-10 diagnosis code(s) have been added to the Problem List in the patient's chart in the EMR</b></p> <p>A. Verify that the correct ICD-10 diagnosis code has been added</p> <p><b>B. Add a diagnosis to the patient's Problem List in one of the following ways:</b></p> <ol style="list-style-type: none"> <li>1. <i>Progress Note (or Virtual Visit) → Assessments → Problem List → Add</i></li> <li>2. <b>OR</b>, From the ICW (Right-Hand Chart Panel), click the "Overview" tab             <ol style="list-style-type: none"> <li>a. Click the orange button (with three dots) in the Progress Note band</li> <li>b. Click "Add"</li> </ol> </li> <li>3. Helpful Tip: When adding a new diagnosis to the Problem List, enter the onset date (if known) in the associated "Onset Date" field</li> </ol>
	<p><b>V. For further assistance, contact Ed Worthington (<a href="mailto:eworthington@npoinc.org">eworthington@npoinc.org</a>) or Kelly Saxton (<a href="mailto:ksaxton@npoinc.org">ksaxton@npoinc.org</a>) at NPO (231-421-8505)</b></p> <p style="text-align: right;"><i>(continued)</i></p>

Measure Name	Body Mass Index (BMI) Screening and Follow-Up <i>(continued)</i>
For More Information	<p style="text-align: center;"><u>For More Information</u></p> <p>I. NQF 0421: "Preventive Care and Screening: Body Mass Index (BMI) Screening and Follow-Up"</p> <p>II. eClinicalWorks "MIPS - CMS 69- Preventive Care and Screening: Body Mass Index (BMI) Screening and Follow-Up"</p> <p>III. eClinicalWorks "MIPS - Registry 128 (NQF 0421) (MIPS - CMS 69) - Preventive Care and Screening: Body Mass Index Screening and Follow-Up Plan"</p> <p>IV. 2016 GPRO PREV Supporting Documents</p>