

## eCW Clinical Documentation Guide

Measure Name	Weight Assessment, Nutritional & Activity Counseling for Adolescents, Aged Between 16 and 17
Relevance	<p>NPO Population Clinical Quality Dashboard [NQF 0024-1: Prevention &amp; Screening Measure]  MIPS Clinical Quality Measure [CMS 155 (EHR): Process Measure]</p>
Measure Definition	<p><i>The percentage of patients, 16-17 years of age, who were seen for an outpatient visit with a Primary Care Provider (PCP) or Obstetrician/Gynecologist (OB/GYN) <b>AND</b> who had evidence of the following during the Measurement Period: 1) Documentation of height, weight and body mass index percentile values, 2) Counseling for nutrition and 3) Counseling for physical activity</i></p>
Measurement Period	<p>The <b>Measurement Period</b> is defined as the current calendar year (January 1 - December 31)</p>
Denominator	<p>The <b>Denominator</b> consists of patients who:</p> <ol style="list-style-type: none"> <li>I. Are <math>\geq 16</math> and <math>&lt; 17</math> years of age at the start of the Measurement Period</li> <li>II. <b>AND</b>, Have been seen for an applicable office visit, by a PCP or OB/GYN, during the Measurement Period</li> </ol>
Numerator	<p>The <b>Numerator</b> consists of patients, from the Denominator, who:</p> <ol style="list-style-type: none"> <li>I. Have their height, weight and BMI recorded during an applicable encounter in the Measurement Period</li> <li>II. <b>AND</b>, Have had counseling for Nutrition recorded during an applicable encounter in the Measurement Period</li> <li>III. <b>AND</b>, Have had counseling for Physical Activity recorded during an applicable encounter in the Measurement Period</li> </ol>
Exclusions and/or Exceptions	<p>Patients are <b>excluded</b> from this measure if they have an active diagnosis of Pregnancy during the Measurement Period</p> <p style="text-align: center;">(continued)</p>

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Measure Documentation	<p style="text-align: center;"><b><u>To Qualify For This Measure</u></b> <i>(Denominator Documentation)</i></p> <p>The patient must be seen for an office visit for weight assessment during the Measurement Period</p> <p><b>A. The following E&amp;M codes identify applicable encounters</b></p> <ol style="list-style-type: none"> <li>1. 99201 - 99205 and 99212 - 99215</li> <li>2. 99341 - 99345, 99347 - 99350, 99381 - 99384 and 99391 - 99394</li> <li>3. 99401 - 99404 and 99411 - 99412</li> </ol> <p><b>B. Record the appropriate E&amp;M code in the Billing section of the Progress Note for the visit</b> <i>(Progress Note → Billing)</i></p>
	<p style="text-align: center;"><b><u>To Satisfy This Measure</u></b> <i>(Numerator Documentation)</i></p> <p><b>I. Record the patient's height, weight and calculated BMI (percentile) in the "Vitals" section of the Progress Note for the Visit</b></p> <ol style="list-style-type: none"> <li>A. The documented height, weight and BMI percentile must be from the same visit encounter</li> <li>B. Ranges and thresholds do not meet the criteria for this measure               <ol style="list-style-type: none"> <li>1. A distinct BMI percentile is required for Numerator compliance</li> <li>2. Documentation of &gt; 99% or &lt; 1% meets criteria because a distinct BMI percentile is evident (i.e., 100 % or 0 %)</li> </ol> </li> <li>C. Document any reason for the inability to record a calculated BMI in the "Notes" field of the "Vitals" section</li> </ol> <p><b>II. Provide, and document, counseling for Nutrition during the applicable encounter</b></p> <ol style="list-style-type: none"> <li>A. Counseling for Nutrition includes, but is not limited to, the following: <i>(continued)</i></li> </ol>

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<p>Measure Documentation (continued)</p>	<ol style="list-style-type: none"> <li>1. Discussion of current Nutrition behaviors (e.g., eating habits, dieting behaviors)</li> <li>2. Checklist indicating Nutrition was addressed</li> <li>3. Counseling or referral for Nutrition education</li> <li>4. Member received educational materials on Nutrition during a face-to-face visit</li> <li>5. Anticipatory guidance for Nutrition</li> <li>6. Weight or obesity counseling</li> </ol> <p><b>B. Document the Nutrition counseling in structured data fields, as follows:</b></p> <ol style="list-style-type: none"> <li>1. eCW recommends either one of the following structured data paths             <ol style="list-style-type: none"> <li>a. <i>Progress Notes</i> → <i>Preventive Medicine</i> → <i>Counseling</i> <p style="text-align: center;">↓</p> <i>Communication to Patient</i> → <span style="border: 1px solid black; padding: 2px;">Nutrition counseling consisting of</span> → <span style="border: 1px solid black; padding: 2px;">Select option</span> </li> <li style="text-align: center;"><b>OR</b></li> <li>b. <i>Progress Notes</i> → <i>Preventive Medicine</i> → <i>Counseling</i> <p style="text-align: center;">↓</p> <i>Communication to Patient</i> → <span style="border: 1px solid black; padding: 2px;">Counseling for Nutrition Provided</span> <p style="text-align: center;">↓</p> <span style="border: 1px solid black; padding: 2px;">Select Yes or No</span> </li> </ol> </li> <li>2. For each of the above options, the required structured data fields are outlined (boxed)</li> <li>3. Record the provision of Nutrition counseling in the Progress Note for the applicable visit, using one of the structured data paths, above             <ol style="list-style-type: none"> <li>a. Some configuration and mapping may first be required                 <ol style="list-style-type: none"> <li>1) If necessary, add the "Communication to Patient" item to the Counseling folder in Preventive Medicine, as follows: (continued)</li> </ol> </li> </ol> </li> </ol>

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<p><b>Measure Documentation</b> <i>(continued)</i></p>	<ul style="list-style-type: none"> <li>a) From within a Progress Note or Virtual Visit, click the "Preventive Medicine" link</li> <li>b) Click on the "Counseling" folder</li> <li>c) If "Communication to Patient" is not an available option:               <ul style="list-style-type: none"> <li>(1) Click the carat adjacent to the "Custom" button</li> <li>(2) Select "New Item"                   <ul style="list-style-type: none"> <li>(a) A new window will open</li> <li>(b) Type "Communication to Patient" in the "Name" field</li> <li>(c) Check the "Structured Data" box</li> <li>(d) Click "OK" to save and close</li> </ul> </li> </ul> </li> </ul> <p><b>2) If necessary, map the structured fields in your EMR to their Community counterparts in eCW</b></p> <ul style="list-style-type: none"> <li>a) From within eCW, click the "Community" tab (top Menu bar)</li> <li>b) Select "Mappings"</li> <li>c) Select "Structured Data" from the list of options               <ul style="list-style-type: none"> <li>(1) A "Mapper" window will open</li> <li>(2) Complete the following fields for both sides (Community and Local)                   <ul style="list-style-type: none"> <li>(a) Section = Preventive Medicine</li> <li>(b) Category = Counseling</li> <li>(c) Item = Communication to Patient</li> </ul> </li> <li>(3) From the Community side, select the desired reporting field                   <ul style="list-style-type: none"> <li>(a) E.g., "Nutrition Counseling consisting of"</li> <li>(b) E.g., "Counseling for Nutrition provided"</li> </ul> </li> <li>(4) Click "Add"</li> </ul> </li> </ul> <p><i>(continued)</i></p>

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<p style="text-align: center;"><b>Measure Documentation</b> <i>(continued)</i></p>	<p style="text-align: right;">(a) The field will automatically be added to the Local side                      (b) The fields will automatically be mapped to each other                      (c) (Mapped fields display in blue font)                      (d) Associated options are also automatically added and mapped</p> <p>b. Associated options for the "Nutrition Counseling consisting of" field include:</p> <ol style="list-style-type: none"> <li>1) Counseling for Eating Disorder</li> <li>2) Diet Education</li> <li>3) Diet Leaflet</li> <li>4) Dietary Education for Weight Gain</li> <li>5) Dietary Management Education, Guidance and Counseling</li> <li>6) Dietary Needs Education</li> <li>7) Eating Disorders Management</li> <li>8) Food Education, Guidance and Counseling</li> <li>9) High Fiber Diet Education</li> <li>10) High Protein Diet Education</li> <li>11) Lifestyle Education Regarding Diet</li> <li>12) Low Carbohydrate Diet Education</li> <li>13) Low Cholesterol Diet Education</li> <li>14) Nutrition Education</li> <li>15) Nutrition Surveillance</li> <li>16) Nutritionist Education, Guidance and Counseling</li> <li>17) Obesity Diet Education</li> <li>18) Patient Referral to Dietician</li> <li>19) Recommendation to Carer Regarding Child's Diet</li> <li>20) Recommendation to Change Carbohydrate Intake</li> <li>21) Recommendation to Change Diet</li> <li>22) Recommendation to Change Dietary Fiber Intake</li> <li>23) Recommendation to Change Dietary Intake</li> </ol> <p style="text-align: right;"><i>(continued)</i></p>

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<p><b>Measure Documentation</b> <i>(continued)</i></p>	<ul style="list-style-type: none"> <li>24) Recommendation to Change Food and Drink Intake</li> <li>25) Recommendation to Change Food Intake</li> <li>26) Recommendation to Change Nutrient Intake</li> <li>27) Referral to Community-Based Dietetics Service</li> <li>28) Referral to Community-Based Dietician</li> <li>29) Referral to Dietetics Service</li> <li>30) Referral to Eating Disorders Clinic</li> <li>31) Referral to Hospital-Based Dietetics</li> <li>32) Referral to Hospital-Based Dietician</li> <li>33) Toddler Nutrition Education</li> <li>34) Vegan Diet Education</li> <li>35) Vegetarian Diet Education</li> <li>36) Weight Control Education</li> <li>37) Weight-Reducing Diet Education</li> </ul> <p><b>III. Provide, and document, counseling for Physical Activity during the applicable encounter</b></p> <p>A. Counseling for Physical Activity includes, but is not limited to:</p> <ul style="list-style-type: none"> <li>1. Discussion of current physical activity behaviors (e.g., exercise routine, participation in sports activities, exam for sports participation)</li> <li>2. Checklist indicating physical activity was addressed</li> <li>3. Counseling or referral for physical activity</li> <li>4. Member received educational materials on physical activity during a face-to-face visit</li> <li>5. Anticipatory guidance specific to the child's physical activity</li> <li>6. Weight or obesity counseling</li> </ul> <p>B. Document the Physical Activity counseling in structured data fields, as follows:</p> <ul style="list-style-type: none"> <li>1. eCW recommends either one of the following structured data paths:</li> </ul> <p style="text-align: right;"><i>(continued)</i></p>



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<p><b>Measure Documentation</b> <i>(continued)</i></p>	<ul style="list-style-type: none"> <li>13) Physical Activity Assessment</li> <li>14) Prescribed Activity/Exercise Education</li> <li>15) Reassuring About Exercise</li> <li>16) Recommendation to Exercise</li> <li>17) Recommendation to Mobilize Part</li> <li>18) Recommendation to Undertake Activity</li> <li>19) Referral for Exercise Therapy</li> <li>20) Referral to Physical Activity Program</li> <li>21) Referral to Weight Maintenance Regimen Service</li> </ul> <p><b>C. The required structured data fields can actually be located in any customizable section of the Progress Note, as long as they are mapped to the correct Community counterparts, identified by the structured data pathways, above</b></p>
<p><b>Exclusion and/or Exception Documentation</b></p>	<p style="text-align: center;"><b><u>To Exclude a Patient From This Measure</u></b> <i>(Exclusion/Exception Documentation)</i></p> <p style="text-align: center;">If applicable, document a diagnosis for Pregnancy in the Problem List of the patient's chart in eCW <i>(Note: The list of Pregnancy-related ICD-10 codes is too extensive to include here)</i></p>
<p><b>Trouble-Shooting</b></p>	<p style="text-align: center;"><b><u>Having Problems? Check Out the Following Trouble-Shooting Tips</u></b></p> <p><b>I. Verify that the Vitals fields in your EMR are properly configured</b></p> <ul style="list-style-type: none"> <li>A. From the EMR menu, select "Vitals"</li> <li>B. Select "Configure Vitals"</li> <li>C. Verify that the height, weight, and BMI parameters are selected to display in the Progress Note</li> </ul> <p style="text-align: right;"><i>(continued)</i></p>



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<p><b>Trouble-Shooting</b> <i>(continued)</i></p>	<p><b>II. Verify that all structured data fields used are mapped to the correct Community elements in your EMR</b></p> <p>A. For further assistance with mapping problems, contact an eCW Technical Service representative</p> <p>B. <b>OR</b>, Contact Ed Worthington or Kelly Saxton @ NPO</p>
	<p><b>III. Verify that any applicable ICD-10 diagnosis code(s) have been added to the Problem List in the patient's chart in the EMR</b></p> <p><b>A. Verify that the correct ICD-10 diagnosis code has been added</b></p> <p><b>B. Add a diagnosis to the patient's Problem List in one of the following ways:</b></p> <ol style="list-style-type: none"> <li>1. <i>Progress Note (or Virtual Visit) → Assessments → Problem List → Add</i></li> <li>2. <b>OR</b>, From the ICW (Right-Hand Chart Panel), click the "Overview" tab               <ol style="list-style-type: none"> <li>a. Click the orange button (with three dots) in the Progress Note band</li> <li>b. Click "Add"</li> </ol> </li> <li>3. Helpful Tip: When adding a new diagnosis to the Problem List, enter the onset date (if known) in the associated "Onset Date" field</li> </ol>
	<p><b>IV. For further assistance, contact Ed Worthington (eworthington@npoinc.org ) or Kelly Saxton (ksaxton@npoinc.org) at NPO (231-421-8505)</b></p>
<p><b>For More Information</b></p>	<p style="text-align: center;"><b><u>For More Information</u></b></p> <p>I. NQF 0024: <b>"Weight Assessment and Counseling for Children and Adolescents"</b></p> <p>II. eClinicalWorks <b>"MIPS - CMS 155 - Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents"</b></p> <p style="text-align: center;"><i>(continued)</i></p>

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<p><b>For More Information</b> <i>(continued)</i></p>	<p>III. 2017 HEDIS for QRS Version: "Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)"</p>