

Benzie – Leelanau-Grand Traverse Behavioral Health Provider Directory 2017

County	Provider Name	Service/Ages/Specialty	Insurance Accepted	Phone	Address	Date Last Verified
Benzie Leelanau Grand Traverse	Munson Healthlink	<p>Click on Psychology or Psychiatry or Pediatric Psychiatry</p> <p><u>Psychiatrists</u> are trained medical doctors, they can prescribe medications, and they spend much of their time with patients on medication management as a course of treatment.</p> <p><u>Psychologists</u> focus extensively on psychotherapy and treating emotional and mental suffering in patients with behavioral intervention. Psychologists are qualified to conduct psychological testing, which is critical in assessing a person's mental state and determining the most effective course of treatment.</p>		http://www.munsonhealthcare.org/physician		8/2017
Benzie Leelanau Grand Traverse	Catholic Human Services (TC)	Alcohol & Drug Counseling, Substance Abuse Prevention Education, Family/Marriage/Individual Counseling, Pregnancy Counseling, Open Adoption, Employee Assistance Program	McLaren-all types incl. Medicaid, Meridian, Medicare (certain locations), Priority Health, My Priority, Blue Cross Premier, Blue Cross Multi-state plan, Medicaid	231-947-8110	Admin ofc 1000 Hastings Traverse City, MI 49686	8/2017
Benzie Leelanau Grand Traverse	Catholic Human Services (TC)	Senior Companion and Foster Grandparents Programs, Adult Foster Care Mental Health Consultation and Training, Senior Counseling Services, and Prevention Program.	McLaren-all types incl. Medicaid, Meridian, Medicare (certain locations), Priority Health, My Priority, Blue Cross Premier, Blue Cross Multi-state plan, Medicaid	231-947-8110	Older Adult Resources 1832-A Oak Hollow Drive Traverse City, MI 49686	8/2017
Benzie Manistee	Centra Wellness Network	Medication Administration Medication Review Mental Health Therapy and Counseling for Adults, Children, and Families	Medicaid. Medicare (combined with Medicaid)	877-398-2013	Benzie Ofc 6051 Frankfort Hwy. Benzonia, MI	8/2017
Leelanau Grand Traverse	Northern Lakes CMH	Serves adults with mental illness, persons with intellectual and developmental disabilities, and children with serious emotional disturbance	Medicaid, Medicare	(800) 492-5742 24-Hour Crisis Line (800) 442-7315 or 922-4850	TC Ofc 105 Hall Street Traverse City, MI 49684	
Benzie Leelanau Grand Traverse	Traverse Health Clinic	Traverse Health Clinic provides behavioral health services to adults and adolescents ages 12 and up, even if you haven't established primary care with one of their medical providers.	Healthy Michigan, Medicare, Medicaid, most private insurance, and offering an income-based sliding fee scale for the uninsured who qualify	231-935-0799	1719 S. Garfield Avenue Traverse City, MI 49686	8/2017

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Benzie Leelanau Grand Traverse	Child and Family Services	Counseling and support to people of all ages throughout northern Michigan. Counseling with trained and licensed therapists who help with stress, anxiety, depression, sexual issues, substance use, and other issues. Also offers supervised visitation and exchange, intensive family preservation services, and trauma assessment and treatment services.	Medicaid, Medicare, and most private insurances	231-946-8975	3785 Veterans Drive Traverse City, MI 49684	8/2017
Benzie	Munson Behavioral Health	Inpatient and Outpatient Mental Health Services, Alcohol and Drug treatment, Problem gambling counseling	Medicaid (all but straight Mdccl); but will take straight Mdccl for Sub Abuse; Medicaid, all private insurances	800-662-6766	420 Brook St. Traverse City, MI 49684	8/2017
Benzie	Benzie Behavioral Health Jan Gulliver Kline, LMSW, ACSW Dr. Frank Langer, MSW, PhD, Psychologist	Counseling for adolescents, adults, and couples. Uses cognitive therapy, crisis work, solution-focused therapy and DBT. Helps with depression, anxiety and stress reduction, grief and loss, anger management and interpersonal relationships.	Medicaid (all managed care plans, no straight Mdccl), Medicare and most all private insurances; also offers sliding fee scale.	231-882-5514	425 N MI Ave Suite C Beulah, Michigan 49617	8/2017
Benzie Leelanau Grand Traverse	Northwest Michigan Health Services Christine Walton LMSW		Medicaid (All managed care plans)	947-0351	10767 Traverse Hwy. Traverse City, MI 49684	8/2017
Benzie Leelanau Grand Traverse	Addiction Treatment Services	Outpatient services, Residential programs, Detox, Lab testing	Medicaid (All Managed Health Plans)	231-346-5216	747 E 8TH ST, TRAVERSE CITY, MI, 49686	8/2017
Benzie Leelanau Grand Traverse	Pine Rest Christian Mental Health Services	Counseling and outpatient services, addiction services, psychiatry and psychology	Medicaid (Priority Health, Meridian, Molina and McLaren)	(231) 947-2255	1050 Silver Dr Traverse City, MI 49684	8/2017
Benzie Leelanau Grand Traverse	Bethany Christian Services	Foster Care and Adoption Services		(231) 995-0870	1055 Carriage Hill Dr Ste 2 Traverse City, MI 49686	8/2017
Benzie Leelanau Grand Traverse	The Maple Clinic Barbara Cross, LMSW Dr. Suzanne Glynn, LMSW, PhD Jan Gulliver Kline, LMSW Dr. Frank Langer, MSW, PhD Arthur Newhouse, MA, LLP	Mental health and counseling services; depression, anxiety, stress disorders including grief and loss; school adjustment problems; marital conflict and reconciliation; divorce and blended family issues; and forensic assessments	No Medicaid. Medicare. Private insurance only.	231-946-9575	525 South Union St. Traverse City, MI 49684	8/2017

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	Kristi Weadock, LLMSW David Rushlow, LMSW Shelly J. Wood, LMSW John H. Vanderlind, MSW	of child abuse, domestic violence, and sexual dysfunction.				
Benzie Leelanau Grand Traverse	Adaptive Counseling and Case Management, LLC Kerri Moses Echo Dean Mary Schaub	Counseling and case management Cognitive Behavior Therapy Motivational Interviewing Mindfulness	Priority Health, BC/BS No Medicaid	231-715-8466	3285 Veterans Drive Traverse City, 49684	8/2017
Benzie Leelanau Grand Traverse	OLD TOWN PSYCHOLOGICAL SERVICES Mike Hayes (only Mcd provider) Carol Anderson Roberta Bevier William Fowle Annette Goodyear Gregory Hamilton Jeffrey Katke Kathy Katke Leslie Kibbe Lawrence Porta James Talbot Leona Warren Rachel Warren	Psychological Evaluation & Testing Program Psychotherapy & Counseling Program Marital & Family Counseling Program Psychological Custody & Co-parenting Mediation ADHD Evaluation & Treatment Program Bariatric Evaluation & Treatment Veteran PTSD Evaluation & Treatment Child Behavioral Evaluation & Treatment Academic Deficiency, Dyslexia & Learning Disorder Program Substance Abuse Evaluation & Treatment Program	Only Mike Hayes takes Medicaid and he is full right now. Priority Health, BC/BS and other private insurances	231-941-6550	512 S UNION ST, Traverse City, MI, 49684	8/2017
Leelanau	EMILY S KOHLER LMSW PLLC	Infant Mental Health, pregnancy and postpartum, parenting, attachment, anxiety and depression	Medicaid: Meridian and McLaren and straight Medicaid Private: BC/BS, Priority, Aetna	231-715-6071	101 DAME ST, SUTTONS BAY, MI, 49682	8/2017
Benzie Leelanau Grand Traverse	Third Level Crisis Center	24 Hour Crisis	Free, voluntary	231-922-4800 800-442-7315 TEXT: 231-480-0292	3785 Veterans Drive Traverse City, MI 49684	8/2017
Benzie Leelanau Grand Traverse	Women's Resource Center	Counseling; Domestic Abuse Services; Employment & Educational Services; Sexual Assault Services; S.A.N.E.; Violence Prevention; Engaging Men	Free, voluntary	(231) 941-1210	TC Ofc 720 S Elmwood Ave, Ste 2, Traverse City, Mi	8/2017
Benzie Leelanau Grand Traverse	Goshawk Behavioral Health Dr. Winkler Marsha Dallas	Behavioral health assessment and counseling services	Medicaid (no straight, nor Molina nor UHC), Medicare, Priority Health, BCBS, Aetna, TriCare	231-642-4642	TC Ofc 2240 S. Airport Rd., Traverse City 49686	8/2017
Benzie Leelanau Grand	triAutism Center of Michigan	Behavioral treatment for children with autism spectrum and related disorders.	Medicaid (after CMH referral) BC/BS and most other insurance plans	231-668-4909	TC Ofc 1363 Douglas Drive, Suite 104,	8/2017

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Traverse					TC, 49686	
Grand Traverse Benze Leelanau	Trisha Short	Infant Mental Health, play therapy, parenting, anxiety and depression	Sliding scale	231-313-0773	N. 800 Cottage View Dr Suite 1020-D Traverse City, MI 49684	10/2017
Grand Traverse Benze Leelanau	Earlene Blevins, MA, LPC Authentic Life Counseling	Counseling, EMDR, anxiety and depression, Children	Priority Health, Blue Cross and United Behavioral Health	231-486-0119	221 Garland St. Suite M Traverse City, MI 49684	10/2017
Grand Traverse Benze Leelanau	Daniel Herd, LMSW Enthrive North Counseling	Counseling for adults, older adolescent, substance use, anxiety, trauma	Aetna, Blue Care Network, Blue Cross, Blue Shield, BlueCross and BlueShield, Cofinity, Humana, Magellan Behavioral Health, McLaren, Medicaid, Medicare, Meridian, Molina, Priority Health, UnitedHealthcare	231-492-0808	800 Cottageview Drive The Village At Grand Traverse Commons Traverse City,	10/2017
Grand Traverse Benze Leelanau	Andrea Russell, LMSW	Infant Mental Health, children 0-6, adolescent, adult women, post partum, trauma, EMDR, anxiety and depression	Blue Care Network, Blue Cross, Blue Shield, Medicaid, Priority Health	231-218-6664	800 Cottageview Drive Suite 1076 Traverse City	10/2017
Grand Traverse Benze Leelanau	Kim Clark Joy Counseling	Adults and youth 9+, anxiety, depression, relationship issues	Blue Care Network, Blue Cross, Blue Shield, Cigna, Priority Health, Trust PPO (BCBS)	231-642-5577	13561 S West Bay Shore Dr Suite 306 Traverse City	10/2017
Grand Traverse Benze Leelanau	Mary Gruman, LLPC Birchbark Counseing	Teens, adults, seniors, client centered therapy	Sliding scale	330-715-8932	1200 West 11TH Street #217 Traverse City	10/2017
Grand Traverse Benze Leelanau	Janet Walker Ready, LCSW, LAC Remote Therapy	Parenting, postpartum depression, Experience with homelessness, families, adults, anger management, anxiety, depression, Cognitive behavioral therapy, Spanish speaking	Self pay	720-442-9413		10/2017
Grand Traverse Benze Leelanau	Donna Smith Enjoy Life Counseling	Life transitions, anxiety, depression, self-esteem, co-dependency	HSA	910-622-5346	13561 S West Bayshore Dr Suite 306 Traverse City	10/2017

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Grand Traverse Benze Leelanau	Kathy Lantzer People in Bloom	Trauma related to abuse and neglect, grief, medical issues, PTSD, emotional disturbances, depression, anxiety, children, teenagers, young adults and families	ASR, Aetna, BlueCross and BlueShield, McLaren, Medicaid, Medicare, Meridian, Priority Health	231-861-1209	3220 Racquet Club Drive Traverse City,	10/2017
Grand Traverse Benze Leelanau	Steven Mcleary, LMSW, CAADC Middle Path Counseling	Youth 12+, adults, anxiety, anger, trauma, addictions	Most major insurances, including, Blue Cross Blue Shield, Priority Health, Medicare	231-944-0632	902 W Front St, Traverse City,	10/2017
Grand Traverse Benze Leelanau	Stephanie Berger Nelson, LMSW	Adolescents, young adults and women, mindfulness	Blue Cross, Blue Shield, BlueCross and BlueShield, Meridian, Molina, Priority Health, TRICARE	231-486-0805	221 Garland St. TC	10/2017
Grand Traverse Benze Leelanau	Barb Cain, LMSW Lakeview Counseling	Children and adults, depression, anxiety, learning challenges, relationship issues, self-harm, delinquency behaviors, EMDR	Most major insurances	231-929-0300	1844 Oak Hollow Dr. Suite B Traverse City, MI	10/2017
Grand Traverse Benze Leelanau	Melanie Villanueva	Infant mental health, young women and children	Blue Care Network, BlueCross and BlueShield, Cofinity, McLaren, Meridian	231-928-5170	134 W Front Street Traverse City	10/2017

*Please note that this document is a work in progress. If you see a missing provider name please contact Amanda Stowe at astowe@bldhd.org

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