

# 2018

Clinical  
quality corner



One in a series of tip sheets that look at key Healthcare Effectiveness Data and Information Set measures, commonly referred to as HEDIS® measures.

## Follow-up care for children prescribed ADHD medication

This measure examines the percentage of children ages 6 through 12 who filled a “new” prescription (defined as not having filled a prescription for ADHD medication in the previous four months) for attention-deficit/hyperactivity disorder medication and who were in one of the following phases:

- **Initiation phase** — One follow-up visit with a practitioner with prescribing authority during the first 30 days after the medication was dispensed
- **Continuation and maintenance phase** — At least two additional follow-up visits within the 270 days following the initiation phase for children who remained on the medication

**Exclusion:** Children with a diagnosis of narcolepsy at any time during their history can be excluded from this measure. Members in hospice are also excluded.

**Note:** One of the two visits during the continuation and maintenance phase (day 31 to day 300 after the medication was dispensed) may be a telephone visit with a practitioner. Codes for telephone visits are:

\*98966, \*98967, \*98968, \*99441, \*99442 and \*99443

### Tip:

For the first 10 months of treatment and until the child is stabilized on a therapeutic level of ADHD medications, don't offer refills or “predate” prescriptions.

*continued*

## Improving HEDIS scores

- **Educate** the parent on the importance of the follow-up visit, especially in the first 10 months of treatment.
  - Follow up appointments should occur once within the first 30 days of filling a new prescription and twice more in the following nine months.
  - Stress the importance of proper sleep, diet and exercise.
  - Encourage a diet free of food additives. Since the role of food preservatives and additives in ADHD is still unclear, the American Academy of Pediatrics says it's reasonable to avoid these substances.
  - Encourage ongoing communication between the child, parent, teachers and health care providers. Watch for changes in behavior, eating or sleeping. If the child is older and communicative, you may want to direct some questions to the child.
- **Ensure** that the parent leaves the provider's office with a card indicating the next appointment date.

## ADHD medications

Description	Prescriptions
<b>CNS stimulants</b>	<ul style="list-style-type: none"><li>• Amphetamine-dextroamphetamine</li><li>• Dexmethylphenidate</li><li>• Dextroamphetamine</li><li>• Lisdexamfetamine</li><li>• Methamphetamine</li><li>• Methylphenidate</li></ul>
<b>Alpha 2 receptor agonists</b>	<ul style="list-style-type: none"><li>• Clonidine</li><li>• Guanfacine</li></ul>
<b>Miscellaneous ADHD medications</b>	<ul style="list-style-type: none"><li>• Atomoxetine</li></ul>

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