



One in a series of
tip sheets that look
at key Healthcare
Effectiveness Data and
Information Set measures,
commonly referred to as
HEDIS® measures.

Initiation and engagement of alcohol and other drug abuse or dependence treatment

This measure examines the percentage of adolescents and adults with a new episode of alcohol or other drug abuse or dependence who have:

- Initiated alcohol or other drug abuse or dependence treatment. Patients initiate treatment within 14 days of diagnosis in one of the following ways:
 - Inpatient alcohol or other drug abuse or dependence admission
 - Outpatient visit
 - Intensive outpatient encounter
 - Partial hospitalization
 - Telehealth
 - Medication assisted treatment
- Engaged in alcohol or other drug abuse or dependence treatment. Patients initiate treatment and then have two or more additional services with a diagnosis of alcohol or other drug abuse or dependence within 34 days of the initial visit.

Did you know?

- Nearly 88,000 people die annually from alcohol-related causes, making it the third leading preventable cause of death in the U.S.
- The annual cost of excessive alcohol consumption in the U.S. is \$249 billion.
- Approximately 5.1 million people ages 12-20 reported binge drinking in the past month.
- More than 10 percent of U.S. children live with a parent with alcohol problems, according to a 2012 study.
- In recent years, there has been a dramatic increase in prescription drug misuse or abuse. This has led to an increase in ER visits because of accidental overdoses as well as admissions to drug treatment programs for drug addictions

Improving HEDIS scores

- Screen and determine risk level. Ask about the patient's past and current substance use. The national Institute for Alcohol Abuse offers a pocket screening guide at niaaa.nih.gov/guide.
- Educate the patient on the warning signs of addiction and risks of continued behavior. Stress the importance of ongoing treatment. Develop plan in accordance to patient's willingness to participate.
- Provide a list of specialists or treatment facilities for substance abuse and dependence. It's important that the patient has a follow-up visit for treatment within two weeks of diagnosis and two additional treatment-related services within 30 days of diagnosis.
- Code properly. When treating patients for issues related to an alcohol or other drug dependence diagnosis, code for the diagnosis on every claim, using the following ICD-10 diagnosis codes:

Alcohol abuse/dependence	F10.10 F10.120 F10.121 F10.129	F10.14 F10.150 F10.151 F10.159	F10.180 F10.181 F10.182 F10.188	F10.19 F10.20 F10.220 F10.221	F10.229 F10.230 F10.231 F10.232	F10.239 F10.24 F10.250 F10.251	F10.259 F10.26 F10.27 F10.280	F10.281 F10.282 F10.288 F10.29
Opioid abuse/dependence	F11.10 F11.120 F11.121 F11.122	F11.129 F11.14 F11.150 F11.151	F11.159 F11.181 F11.182 F11.188	F11.19 F11.20 F11.220 F11.221	F11.222 F11.229 F11.23 F11.24	F11.250 F11.251 F11.259 F11.281	F11.282 F11.288 F11.29	
Cannabis abuse/dependence	F12.10 F12.120 F12.121	F12.122 F12.129 F12.150	F12.151 F12.159 F12.180	F12.188 F12.19 F12.20	F12.220 F12.221 F12.222	F12.229 F12.250 F12.251	F12.259 F12.280 F12.288	F12.29
Sedative/hypnotic or anxiolytic abuse/dependence	F13.10 F13.120 F13.121 F13.129	F13.14 F13.150 F13.151 F13.159	F13.180 F13.181 F13.182 F13.188	F13.19 F13.20 F13.220 F13.221	F13.229 F13.230 F13.231 F13.232	F13.239 F13.24 F13.250 F13.251	F13.259 F13.26 F13.27 F13.280	F13.281 F13.282 F13.288 F13.29
Cocaine abuse/dependence	F14.10 F14.120 F14.121 F14.122	F14.129 F14.14 F14.150 F14.151	F14.159 F14.180 F14.181 F14.182	F14.188 F14.19 F14.20 F14.220	F14.221 F14.222 F14.229 F14.23	F14.24 F14.250 F14.251 F14.259	F14.280 F14.281 F14.282 F14.288	F14.29
Other stimulant abuse/dependence	F15.10 F15.120 F15.121 F15.122	F15.129 F15.14 F15.150 F15.151	F15.159 F15.180 F15.181 F15.182	F15.188 F15.19 F15.20 F15.220	F15.221 F15.222 F15.229 F15.23	F15.24 F15.250 F15.251 F15.259	F15.280 F15.281 F15.282 F15.288	F15.29
Hallucinogen abuse/dependence	F16.10 F16.120 F16.121 F16.122	F16.129 F16.14 F16.150 F16.151	F16.159 F16.180 F16.183 F16.188	F16.19 F16.20 F16.220 F16.221	F16.229 F16.24 F16.250 F16.251	F16.259 F16.280 F16.283 F16.288	F16.29	
Inhalant abuse/dependence	F18.10 F18.120 F18.121	F18.129 F18.14 F18.150	F18.151 F18.159 F18.17	F18.180 F18.188 F18.19	F18.20 F18.220 F18.221	F18.229 F18.24 F18.250	F18.251 F18.259 F18.27	F18.280 F18.288 F18.29
Other psychoactive substance abuse/dependence	F19.10 F19.120 F19.121 F19.122 F19.129	F19.14 F19.150 F19.151 F19.159 F19.16	F19.17 F19.180 F19.181 F19.182 F19.188	F19.19 F19.20 F19.220 F19.221 F19.222	F19.229 F19.230 F19.231 F19.232 F19.239	F19.24 F19.250 F19.251 F19.259 F19.26	F19.27 F19.280 F19.281 F19.282 F19.288	F19.29

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Test for fit

- Screen and determine risk level. Ask about the patient's past and current substance use. The national Institute for Alcohol Abuse offers a pocket screening guide at niaaa.nih.gov/guide.
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Cannabis abuse/dependence	F12.10 F12.120 F12.121	F12.122 F12.129 F12.150	F12.151 F12.159 F12.180	F12.188 F12.19 F12.20	F12.220 F12.221 F12.222	F12.229 F12.250 F12.251	F12.259 F12.280 F12.288	F12.29
Sedative/hypnotic or anxiolytic abuse/dependence	F13.10 F13.120 F13.121 F13.129	F13.14 F13.150 F13.151 F13.159	F13.180 F13.181 F13.182 F13.188	F13.19 F13.20 F13.220 F13.221	F13.229 F13.230 F13.231 F13.232	F13.239 F13.24 F13.250 F13.251	F13.259 F13.26 F13.27 F13.280	F13.281 F13.282 F13.288 F13.29
Cocaine abuse/dependence	F14.10 F14.120 F14.121 F14.122	F14.129 F14.14 F14.150 F14.151	F14.159 F14.180 F14.181 F14.182	F14.188 F14.19 F14.20 F14.220	F14.221 F14.222 F14.229 F14.23	F14.24 F14.250 F14.251 F14.259	F14.280 F14.281 F14.282 F14.288	F14.29
Other stimulant abuse/dependence	F15.10 F15.120 F15.121 F15.122	F15.129 F15.14 F15.150 F15.151	F15.159 F15.180 F15.181 F15.182	F15.188 F15.19 F15.20 F15.220	F15.221 F15.222 F15.229 F15.23	F15.24 F15.250 F15.251 F15.259	F15.280 F15.281 F15.282 F15.288	F15.29
Hallucinogen abuse/dependence	F16.10 F16.120 F16.121 F16.122	F16.129 F16.14 F16.150 F16.151	F16.159 F16.180 F16.183 F16.188	F16.19 F16.20 F16.220 F16.221	F16.229 F16.24 F16.250 F16.251	F16.259 F16.280 F16.283 F16.288	F16.29	
Inhalant abuse/dependence	F18.10 F18.120 F18.121	F18.129 F18.14 F18.150	F18.151 F18.159 F18.17	F18.180 F18.188 F18.19	F18.20 F18.220 F18.221	F18.229 F18.24 F18.250	F18.251 F18.259 F18.27	F18.280 F18.288 F18.29
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