



One in a series of tip sheets that look at key Healthcare Effectiveness Data and Information Set measures, commonly referred to as HEDIS® measures.

## Postpartum care

This measure examines the percentage of deliveries that included a postpartum visit on or between 21 and 56 days after delivery.

### Improving HEDIS scores

**Schedule** postpartum visits following delivery but prior to hospital discharge.

**Remind** patients through phone calls, mailings or text alerts of the date and time of their follow-up appointment.

**Document** in the medical record the date of the postpartum visit and one of the following:

- Pelvic exam
- Evaluation of weight, blood pressure, breast (notation of breastfeeding is acceptable for evaluation of breast) and abdomen
- Notation of postpartum care, six-week checkup or a preprinted “postpartum care” form

Bill the code separately for prenatal, delivery and postpartum visits. (See tip below and additional information on the back of this tip sheet.)

Maternity services	CPT codes*	CPT- CAT II	ICD-10-CM codes
<b>Postpartum</b>	*57170, *58300, *59430, *99501	*0503F	Z01.411, Z01.419, Z01.42, Z30.430, Z39.1, Z39.2

### Did you know?

- As many as 40 percent of women nationally don't keep or attend their postpartum visit.
- As many as 10 to 20 percent of new moms will experience postpartum depression.

## Tip:

HEDIS data has shown that providers with the highest scores for postpartum care report individual component codes for antepartum, delivery and postpartum visits. Therefore, we encourage you to bill as outlined on the back of this tip sheet.

## Helpful HEDIS hints

- Physicians can and should counsel women during their pregnancy about the importance of follow-up care after delivery. During the months before delivery, a postpartum care plan should be developed, identifying the providers who will care for the woman and infant.

## Global maternity reporting

- Although global reporting is an alternative method, it's not the recommended best practice.
- Blue Cross will continue to accept global maternity codes only when reported with the Category II procedure code 0503F. The provider should have completed all components within the global service.
- Report the appropriate global code along with the first antepartum date in the "from" field and the delivery date in the "to" field
- Report the Category II 0503F postpartum visit date in both the "from" field and "to" field.

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