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# PCMH Education Process

(Domain 1)

Do Your Patients REALLY Know What PCMH Means?



Traverse Bay Internal Medicine is your

#### **Patient-Centered Medical Home**

What does this mean?

The Patient-Centered Medical Home (PCMH) is a model of care delivery in which:

- YOU, the patient, and your Primary Care Physician (PCP) work together, as partners, to manage your healthcare
  - Your PCP will always try to discuss your health issues, address your concerns, and answer your questions in a manner you can understand
  - Your PCP will always try to present treatment options that fit with your system of beliefs and level of comfort
- . Your PCP is the primary person responsible for delivering and coordinating your care
  - Your PCP will take a proactive approach to managing your healthcare, to prevent the development, or progression, of chronic disease
  - Your PCP is the first person you should call when a medical issue arises! If an urgent situation arises after hours, call the TBIM physician on-call! He will give you medical instructions and/or direct you to the appropriate facility for care
  - Your PCP will collaborate and coordinate with other physicians (specialists and subspecialists, including Behavioral Health specialists) to ensure that YOU receive the necessary care when and where you need it
- . Traverse Bay Internal Medicine is the central hub for all aspects of your healthcare
  - Communication begins and ends with us; We need you to keep us in the loop, so be sure to tell us about other physicians you are seeing (even if out-of-state) and bring us records for medical services received at other locations
  - Your TBIM Care Team (PCP/NP, Nurse/MA, Pharmacist and Care Manager, if applicable) are here to address all of your medical needs and concerns. Use your portal to ask questions and send us messages
  - TBIM has a large Community Resource library! If you need assistance of any kind, talk to us; WE CAN HELP! (Also, see the brochures in the foyer and the binder in the waiting area)

# PCMH Info Sheet

Da	ate: Patient Name & DOB				
TBIM Patient-Provider Partnership Agreement					
READ					
•	As a designated Patient-Centered Medical Home (PCMH), Traverse Bay Internal Medicine (TBIM) is the hub for all your healthcare needs. It is the central repository for your medical records, the source of your coordinated care efforts and the access point for 24/7 medical care				
-	You have a TBIM Care Team (Physician, NP, RN/MA, Care Manager, and Pharmacist, where applicable) that is responsible for addressing your medical concerns and needs				

#### DISCUSS

You and your TBIM physician work together, as partners, to make informed, shared decisions about your healthcare

As members of your Care Team, the physicians and staff of Traverse Bay Internal Medicine will:

- Respect you as an individual: We will discuss your health goals, listen to your ideas, answer your questions, and address your concerns to the best of our ability
- . Protect your privacy: Your medical information will not be shared unless you give permission, or it is required by law
- . Be accessible: One of our physicians is on-call 24/7to direct your after-hours care

Each member of this PCMH Provider-Patient Partnership has specific responsibilities

- <u>Coordinate your care</u> with qualified specialist physicians, facilities, and community service organizations, when applicable
- Communicate with you: We will always notify you of lab/test results and will try to help you understand your health issues by giving you information you can understand

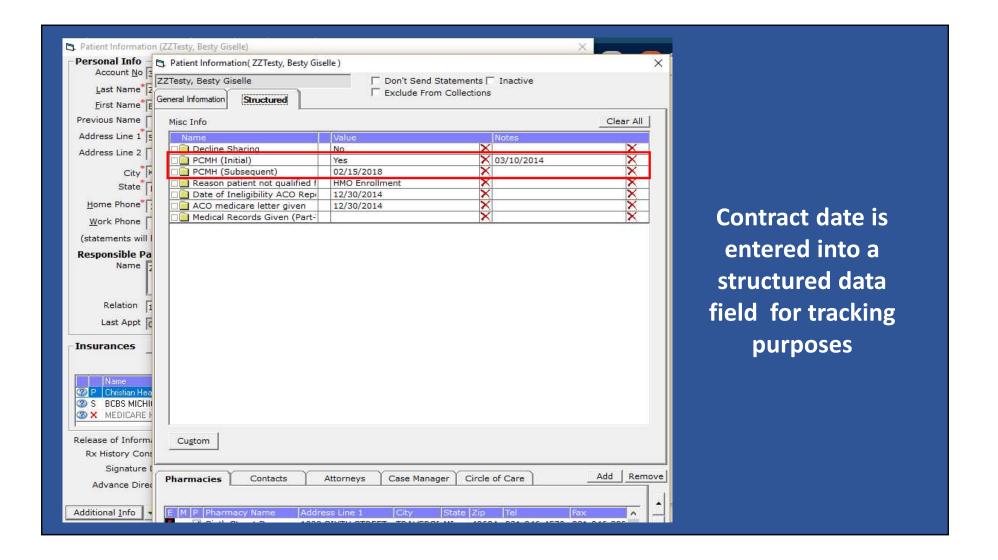
#### As a TBIM patient, you should:

- · Be engaged in your healthcare: Read patient education materials, ask questions, and follow the care plan agreed upon
- Keep your appointments: Plan to see your physician for an annual physical exam, call 24 hours in advance to cancel
  any appointment, and reschedule missed visits in a timely manner
- Know your medications: Always bring a current medication list with you and request refills in a timely manner
- Keep us informed: Tell us about the other physicians you see and bring us documentation of medical services received at other facilities
- <u>Communicate with us</u>: CALL US FIRST before going to the Emergency Room or Urgent Care (unless you feel your life is in danger)! Use the Patient Portal often to ask questions, view lab/test results, and request prescription refills and appointments

#### ACKNOWLEDGE

By signing, below, I acknowledge taking part in a discussion about PCMH concepts and partnership responsibilities			
	(Provider Signature)		
	(Patient Signature)		

# PCMH Contract



Traverse Bay Internal Medicine

#### Patient-Provider Partnership

#### Revised February 2018

#### Patient-Provider Partnership

(Version 2)

Copies of both the TBIM
PCMH flier and "What Does
This Mean?" document are
mailed to each new patient
as part of their "Welcome"
packet



- Upon Check-In, for each New Patient appointment and annual Physical Exam, a member of the Front Desk staff gives the patient:
- 1) A brief summary of PCMH
- A TBIM "Patient-Provider Partnership Agreement"
- The Front Desk staff member:
- Informs/reminds the patient of TBIM's status as their "Patient-Centered Medical Home"
- Instructs the patient to
   review the PCMH summary
- Instructs the patient to give the "Patient-Provider Partnership Agreement" to the Nurse/MA

 When rooming the patient, the Nurse/MA collects the "Patient-Provider Partnership Agreement" from the patient

- The Nurse/MA answers, to the best of her ability, any PCMH questions the patient may have
- The Nurse/MA leaves the "Patient-Provider Partnership Agreement" for the Provider to address



- Together, the Provider and patient review the "Patient-Provider Partnership Agreement" at the appropriate time during the appointment
- The importance of each party adhering to the designated roles and responsibilities is emphasized
- The Provider and patient each sign and date the agreement
- The patient is instructed to present the completed agreement to the Front Desk staff member at Check-Out



During Check-Out, a member of the Front Desk staff:

- Scans the completed agreement, attaching it to the patient's chart in the EHR
- Returns the original copy of the agreement to the patient
- Documents the date of the agreement in the appropriate structured data field [PCMH (Initial) or PCMH (Subsequent)] in the patient's chart in the EHR

# PCMH Education Process

# Planned Patient Visits

(Domain 4)

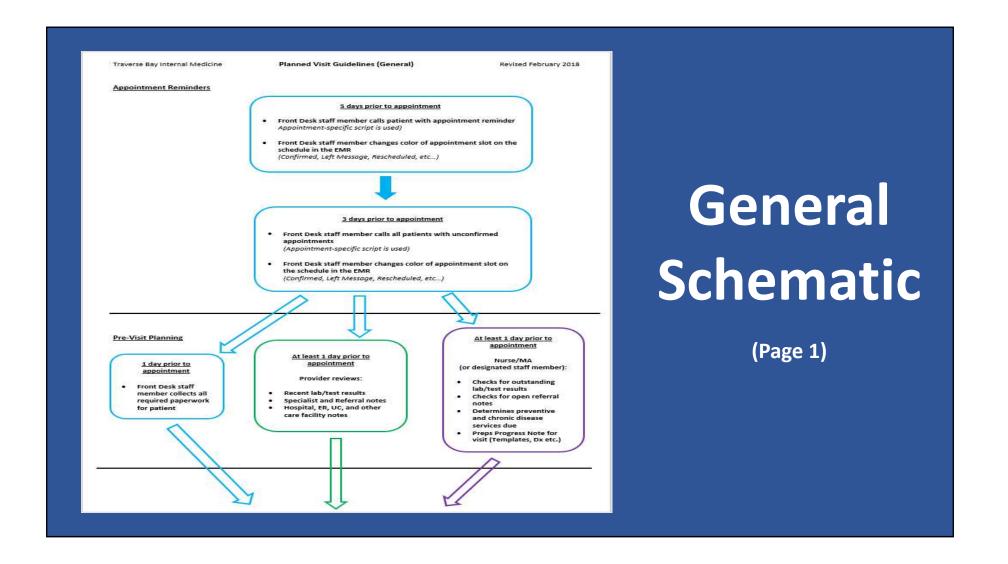
What do different visits look like?

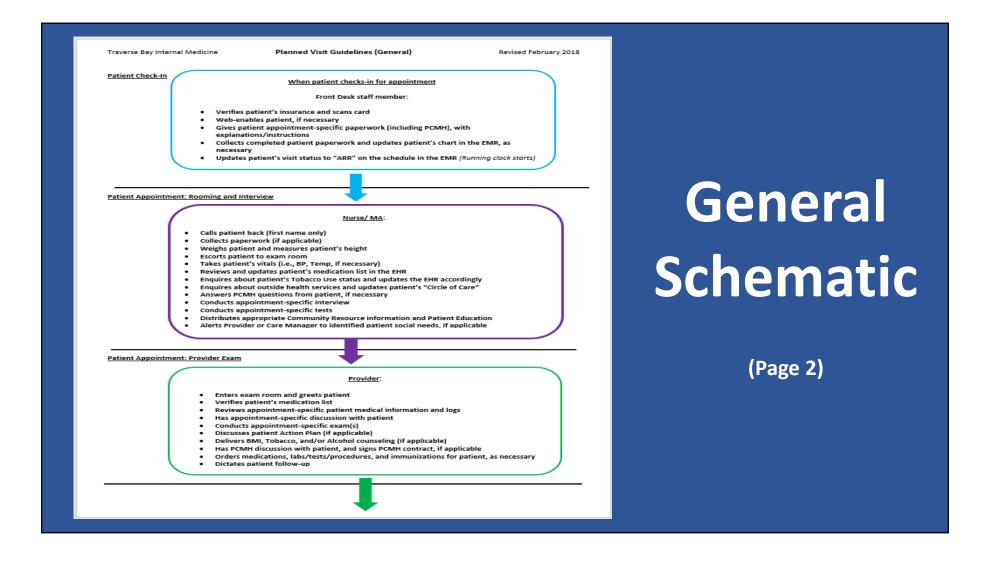


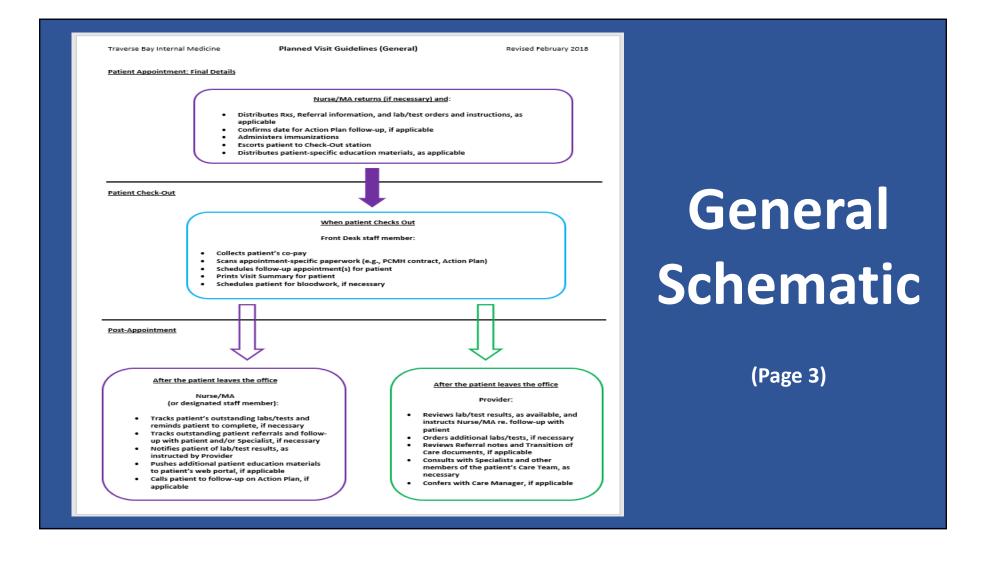
# FIRST Designed a schematic of a generic patient visit

### **Stages of a Generic Office Visit**

- 1. Appointment Reminder
- 2. Patient Check-In
- 3. Patient Appointment: Rooming and Interview
- 4. Patient Appointment: Provider Exam
- 5. Patient Check-Out
- 6. Post-Appointment







### **SECOND**

# Generated a separate document listing stage-specific variations for each of the following appointment types:

- 1. New Patient (NP) Appointment
- 2. Comprehensive Physical Exam (CPE)
- 3. <u>Diabetes</u> Chronic Disease (CD) F/U
- 4. Asthma Chronic Disease (CD) F/U
- 5. Hypertension Chronic Disease (CD) F/U
- 6. Congestive Heart Failure Chronic Disease (CD) F/U
- 7. <u>Depression</u> Chronic Disease (CD) F/U
- 8. Annual Wellness Visit (AWV)
- 9. Care Management (CM) Appointment
- **10. Pharmacist Appointment**
- 11. "Return to Area" Appointment
- 12. "Exit From Area" Appointment

Traverse Bay Internal Medicine

Planned Visit Guidelines (Variations)

Revised February 2018

#### Variations on Planned Visit Guidelines

- A. Appointment Reminders (Front Desk Staff Members)
  - 1. Patients scheduled for a New Patient (NP) appointment are reminded to:
    - a. Arrive at least 15 minutes early
    - Bring completed New Patient paperwork
    - Bring all current medications (or a list of all medications)
    - Bring applicable self-monitoring logs (e.g., blood sugar, blood pressure, peak flow, weight)
    - Bring insurance card
  - 2. Patients scheduled for an annual Comprehensive Physical Exam (CPE) are reminded to:
    - a. Complete all outstanding labs/tests prior to the appointment
    - Arrive at least 15 minutes early

    - Bring all current medications (or a list of all medications)
      Bring applicable self-monitoring logs (e.g., blood sugar, blood pressure, peak flow, weight)
    - Bring insurance card
  - 3. Patients scheduled for a Diabetes Chronic Disease (CD) F/U visit are reminded to:
    - a. Complete all outstanding labs/tests prior to the appointment
    - Bring home blood sugar logs, if applicable
    - Bring all current medications (or list of)
    - d. Bring insurance card
  - 4. Patients scheduled for an Asthma Chronic Disease (CD) F/U visit are reminded to:
    - Complete all outstanding labs/tests prior to the appointment
    - Bring home peak flow logs, if applicable
    - Bring all current medications (or list of)
    - Bring insurance card
  - 5. Patients scheduled for a Hypertension Chronic Disease (CD) F/U visit are reminded to:
    - Complete all outstanding labs/tests prior to the appointment
    - Bring home blood pressure logs, if applicable Bring all current medications (or list of)

    - Bring insurance card
  - 6. Patients scheduled for a Congestive Heart Failure Chronic Disease (CD) F/U visit are reminded to:
    - a. Complete all outstanding labs/tests prior to the appointment
    - Bring home weight logs, if applicable
    - Bring all medications (or list of)
    - Bring insurance card
  - 7. Patients scheduled for a Depression Chronic Disease (CD) F/U visit are reminded to:
    - Complete all outstanding labs/tests prior to appointment
    - Bring all medications (or list of)
    - Bring insurance Card

## **Variations**

#### C. Patient Appointment: Rooming and Interview

#### 1. New Patient (NP) appointments

- Nurse/MA enters the following information, from the New Patient paperwork, into the patient's chart
  in the EHR
- 1) Medical History (including Gynecologic and Surgical histories)
- 2) Social History (including Alcohol and Tobacco use)
- 3) Sexual History
- Family History
- 5) Immunizations
- 6) Allergies/Intolerances
- Nurse/MA scans the ROS bubble sheet into the Progress Note for the visit and alerts the Provider to any positive responses
- c. Nurse/MA collects any self-monitoring logs the patient has brought
- d. Nurse/MA answers the patient's PCMH questions (to the best of her ability)
- e. Nurse/MA administers a PHQ-9 Depression Screen

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Traverse Bay Internal Medicine

Planned Visit Guidelines (Variations)

Revised February 2018

- f. If the patient is 65+ years of age, the Nurse/MA documents a Fall Risk Assessment
- g. The Nurse/MA scans the patient's Social Needs bubble sheet into the Progress Note for the visit
  - 1) If a need is indicated, the Nurse/MA alerts the Provider and Care Manager
- 2) The Nurse/MA distributes Community Resource information to the patient, as applicable
- h. Nurse/MA discusses Action Plan with patient
- i. Nurse/MA initiates Advance Care Plan discussion with patient

#### 2. Comprehensive Physical Exam (CPE)

- a. Nurse/MA updates the following information in the patient's chart in the EHR:
- 1) Medical History (including Gynecologic and Surgical histories)
- 2) Social History (including Alcohol and Tobacco use)
- 3) Sexual History
- 4) Family History
- 5) Immunizations
- 6) Allergies/Intolerances
- Nurse/MA scans the ROS bubble sheet into the patient's chart in the EHR and alerts the Provider to any positive responses

#### 3. Diabetes Chronic Disease (CD) F/U

- a. Nurse/MA collects blood sugar logs from patient, if applicable
- b. Nurse/MA gives patient a Retinal Eye Exam reporting form, if necessary
- Nurse/MA offers, and assists with, patient Action Plan (if applicable) or follows-up on existing Action Plan

#### 4. Asthma Chronic Disease (CD) F/U

- a. Nurse/MA collects peak flow logs from patient if applicable
- b. Nurse/MA administers an Asthma Control Test to the patient
- Nurse/MA offers, and assists with, patient Action Plan (if applicable) or follows-up on existing Action Plan
- d. Nurse readies Asthma Action Plan (Stoplight version) for Provider, if applicable

#### 5. Hypertension Chronic Disease F/U

- a. Nurse/MA collects blood pressure logs from patient, if applicable
- b. If patient brought in a home blood pressure cuff, Nurse/MA calibrates cuff

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Traverse Bay Internal Medicine

Planned Visit Guidelines (Variations)

Revised February 2018

c. Nurse/MA offers, and assists with, patient Action Plan (if applicable) or follows-up on existing Action Plan

#### 6. Congestive Heart Failure Chronic Disease F/U

- a. Nurse/MA collects weight logs, if applicable
- Nurse/MA offers, and assists with, patient Action Plan (if applicable) or follows-up on existing Action Plan

#### 7. Depression Chronic Disease F/U

- a. Nurse/MA administers PHQ-9 Depression Screen
- b. If PHQ-9 score is > 9, Nurse/MA sets Action for herself for administration of a follow-up Depression screen (at 12 months +/- 30 days later)
- Nurse/MA offers, and assists with, patient Action Plan (if applicable) or follows-up on existing Action Plan

#### 8. Annual Wellness Visit (AWV)

- a. Nurse (RN) collects AWV paperwork from patient
- b. Nurse (RN) scans Social Needs bubble sheet into Progress Note

#### D. Patient Appointment: Provider Exam

#### 1. New Patient (NP) appointments

- a. Provider = MD, DO or NP
- b. Provider reviews patient's medical and family Hx, noting medical risk factors
- c. Provider conducts complete physical exam
- d. Provider has PCMH discussion with patient
- Provider and patient sign PCMH contract
- Provider reviews any self-monitoring logs the patient has brought
- g. If patient is a diabetic, Provider conducts diabetic foot exam
- h. If patient is an asthmatic, Provider discusses a plan of action with the patient
- If patient had a positive Depression screen. Provider may re-screen the patient
- Provider continues Advance Care Planning discussion with patient, if applicable

#### 2. Comprehensive Physical Exams (CPEs)

- a. Provider = MD, DO or NP
- b. Provider conducts complete physical exam
- C. Provider has PCMH discussion with patient
- d. Provider and patient sign PCMH contract
- e. Provider reviews any self-monitoring logs the patient has brought
- If patient is a diabetic, Provider conducts a diabetic foot exam
- g. If patient is an asthmatic, Provider discusses a plan of action with the patient
- If patient had a positive Depression screen, Provider may re-screen the patient
- i. Provider continues Advance Care Planning discussion with patient, if applicable

#### 3. Diabetes Chronic Disease (CD) F/U

- a. Provider = MD, DO or NP
- b. Provider reviews patient's blood sugar logs, if applicable
- c. Provider discusses diabetic lab results with patient

Traverse Bay Internal Medicine

Planned Visit Guidelines (Variations)

Revised February 2018

- e. Provider reviews Refinal Eye Exam results with patient (or instructs patient to schedule eye exam). Provider tweaks patient's diabetic resident account in the patient of the patient o
- Provider tweaks patient's diabetic medication regimen, if necessary
- g. Provider and patient discuss options for diabetic diets, education, and self-management

#### 4. Asthma Chronic Disease (CD) F/U

- a. Provider = MD, DO or NP
- b. Provider reviews patient's peak flow logs, if applicable

#### E. Patient Check-Out

#### 1. New Patient (NP) appointments

- a. Front Desk staff member scans the signed PCMH contract and returns the original to the patient
- b. Front Desk staff member scans the patient's self-management Action Plan, if applicable, and returns the original to the patient
- c. Front Desk staff member web-enables patient, if necessary

#### 2. Comprehensive Physical Exams (CPEs)

- a. Front Desk staff member scans the signed PCMH contract and returns the original to the patient
- b. Front Desk staff member scans the patient's self-management Action Plan, if applicable, and returns the original to the patient

#### 3. Diabetes Chronic Disease (CD) F/U

Front Desk staff member scans the patient's self-management Action Plan, if applicable, and returns the original to the patient

#### 4. Asthma Chronic Disease (CD) F/U

Front Desk staff member scans the patient's self-management Action Plan, if applicable, and returns the original to the patient

Traverse Bay Internal Medicine

Planned Visit Guidelines (Variations)

Revised February 2018

#### 5. Hypertension Chronic Disease (CD) F/U

Front Desk staff member scans the patient's self-management Action Plan, if applicable, and returns the original to the patient

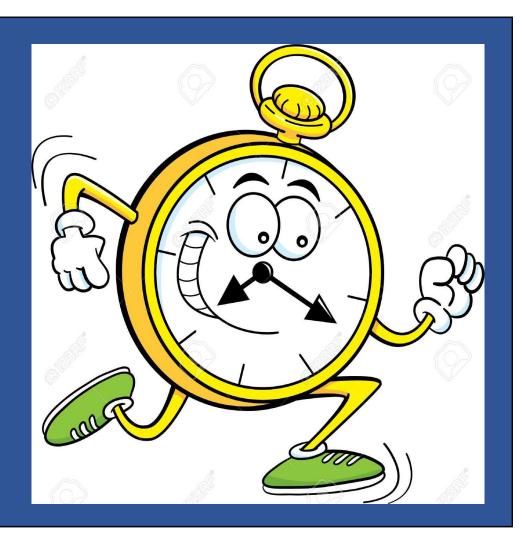
#### 6. Congestive Heart Failure Chronic Disease (CD) F/U

Front Desk staff member scans the patient's self-management Action Plan, if applicable, and returns the original to the patient

#### 7. Depression Chronic Disease (CD) F/U

Front Desk staff member scans the patient's self-management Action Plan, if applicable, and returns the original to the patient

# The Running Clock



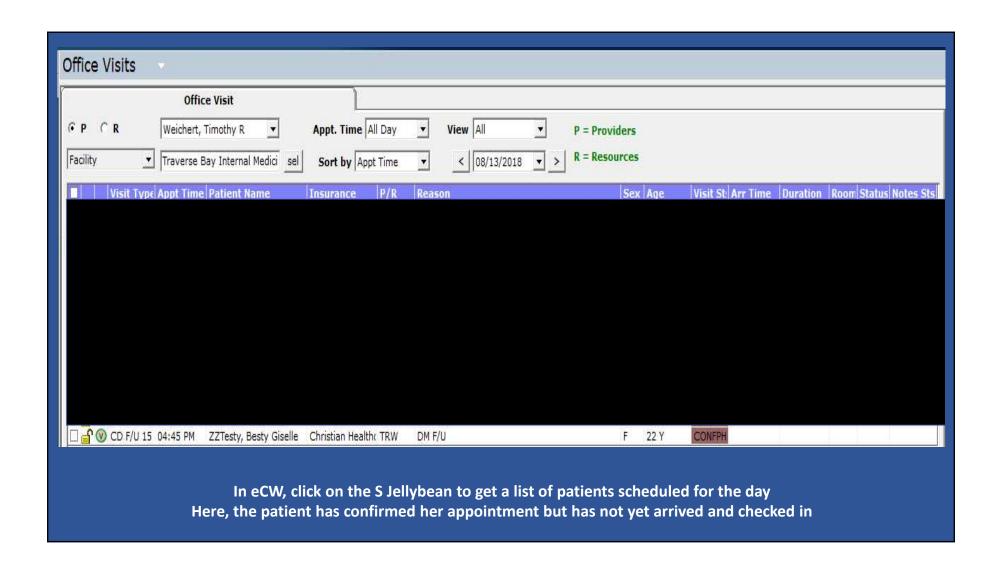
#### Patient Check-In

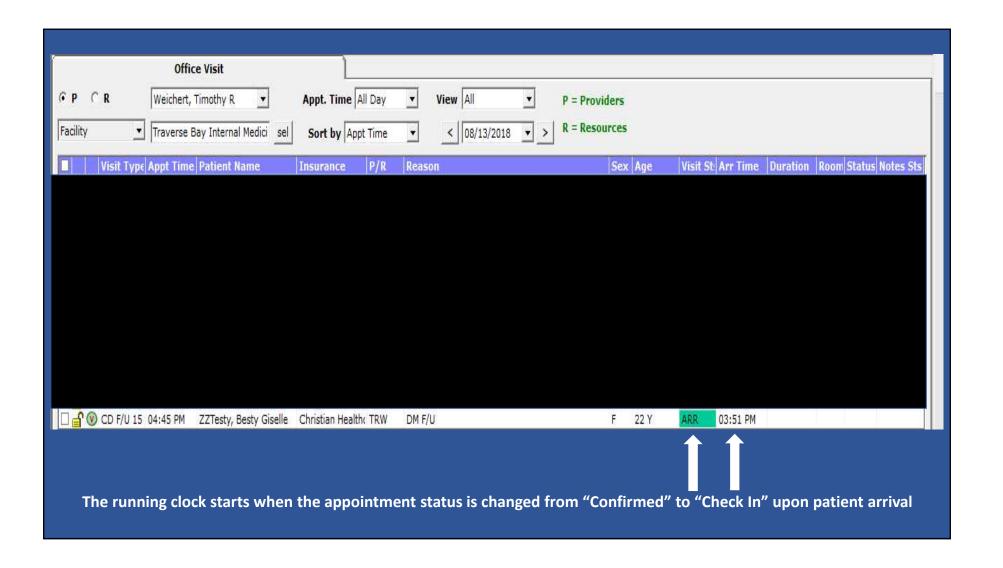
#### When patient checks-in for appointment

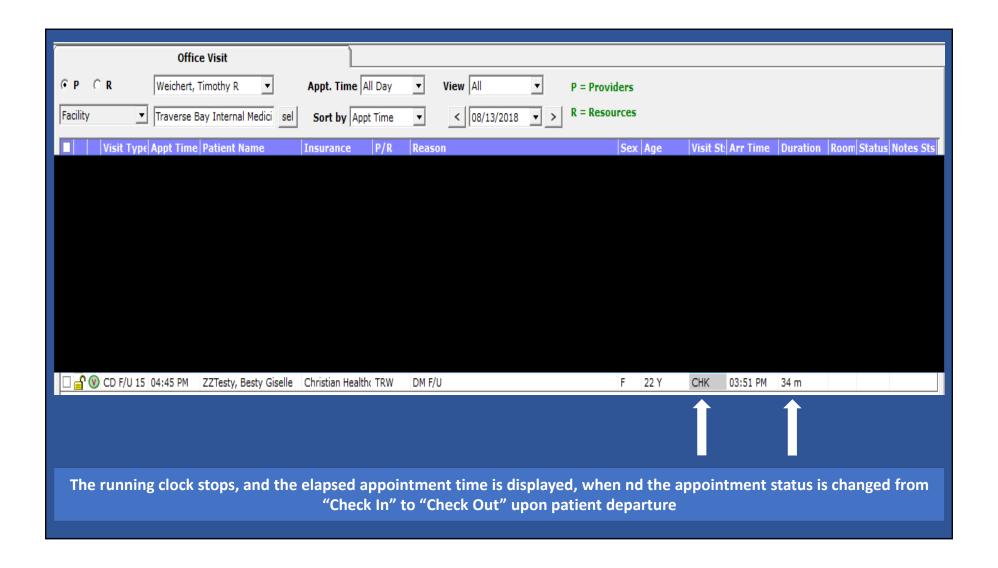
Front Desk staff member:

- Verifies patient's insurance and scans card
- Web-enables patient, if necessary
- Gives patient appointment-specific paperwork (including PCMH), with explanations/instructions
- Collects completed patient paperwork and updates patient's chart in the EMR, as necessary
- Updates patient's visit status to "ARR" on the schedule in the EMR (Running clock starts)

In eCW, a running clock is available to monitor patient wait times and office efficiency







and
Gaps-in-Care
at the
Point of Care

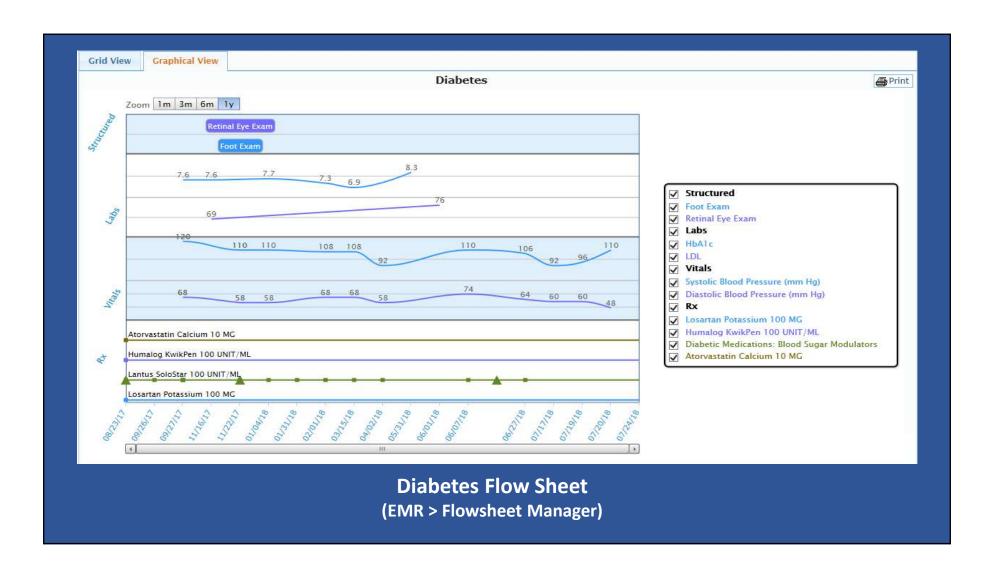
(Domain 4)

How are Providers alerted to needed health services during a patient appointment?



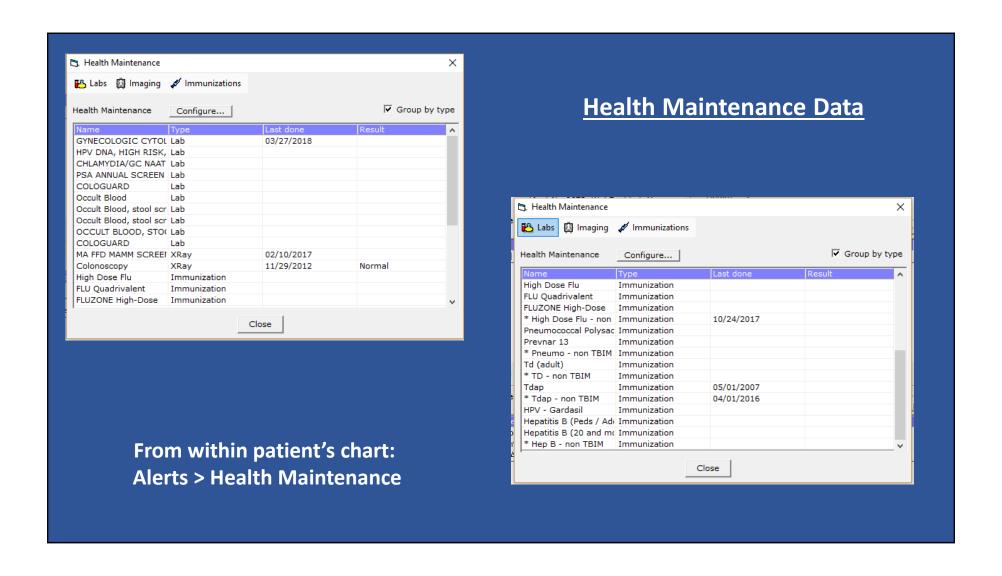
The following data is available to, and used by, all members of a patient's Clinical Care Team at the point of care:

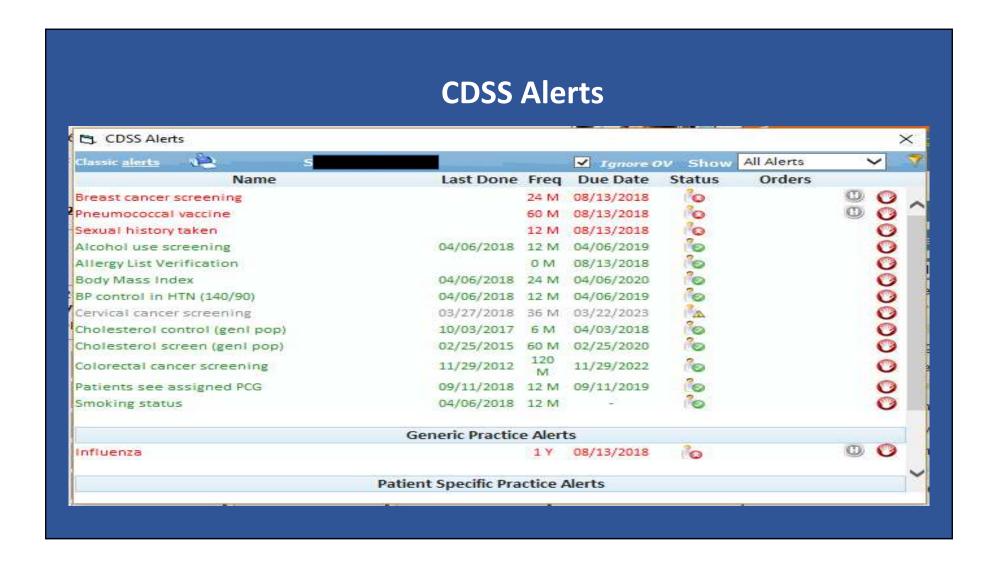
- 1. Current MQIC Binder
- 2. Flow Sheets
- 3. Health Maintenance Data
- 4. CDSS Alerts
- **5. Patient-Specific Alerts**

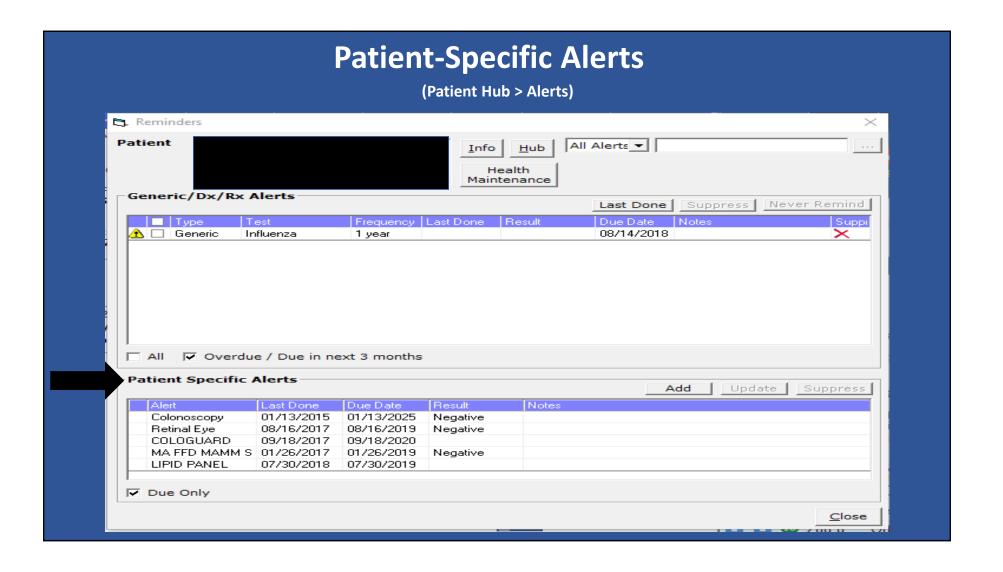


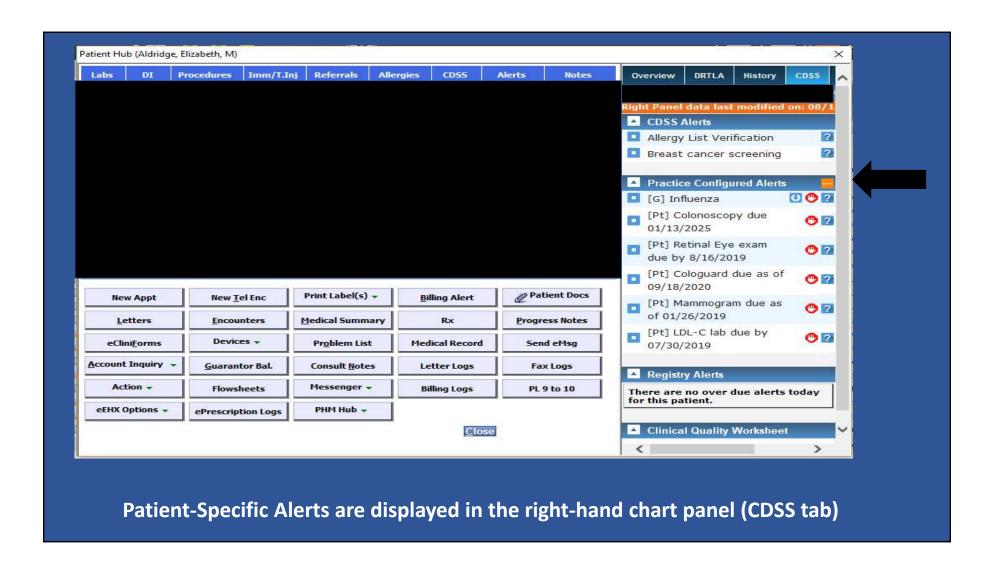
## Flowsheets have been configured for:

- 1. Asthma
- 2. CAD
- 3. Depression
- 4. Diabetes
- 5. Hypertension





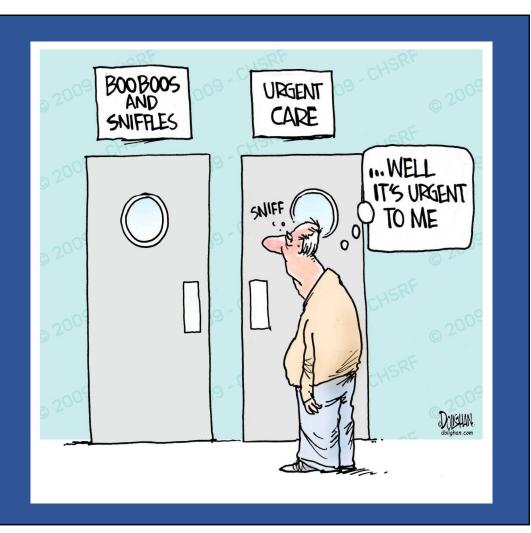




## **After-Hours Care**

(Domain 5)

How do you direct patient care after hours?



## **After-Hours Business Card (Side 1)**

#

Traverse Bay Internal Medicine

After-Hours
Contact Information

## **After-Hours Business Card (Side 2)**

If you feel your life is in danger: Call 911 or go to the nearest Emergency Room

For all other medical questions and concerns:

Dial (231)935-5000 and ask the operator to page the TBIM physician on call

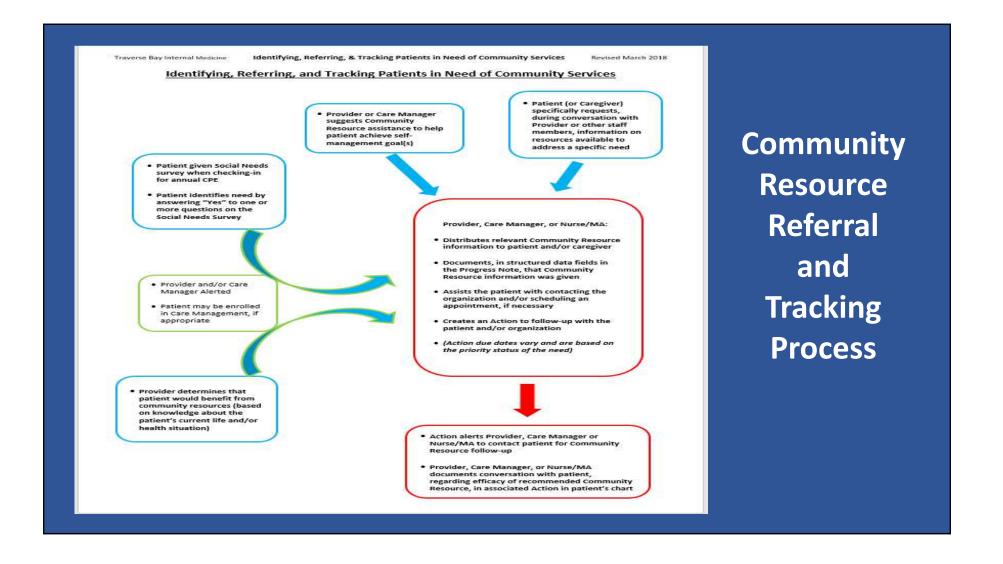
# **Community Resource Use**

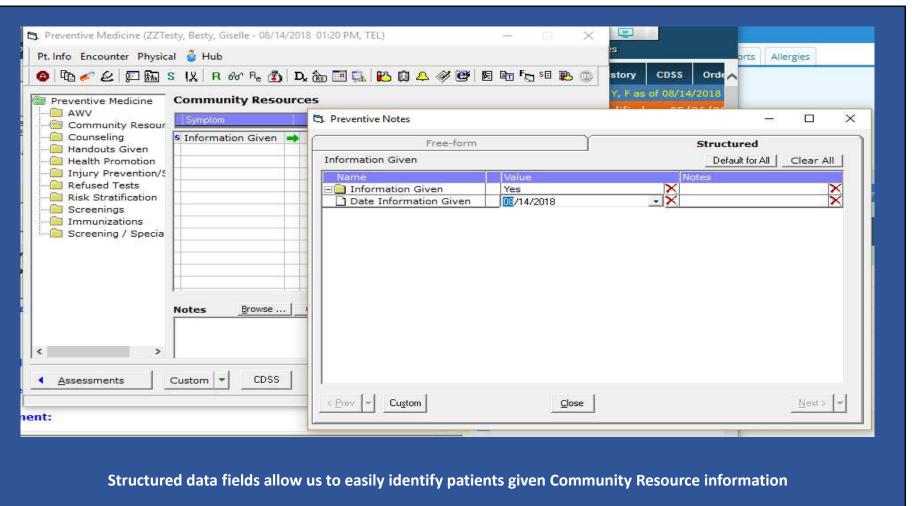
(Domain 10)

How do you follow-up on Community Resource referrals?



"Most dinosaurs were vegetarians and they never smoked tobacco or drank alcohol — and where are they now?!"





 $\times$ 

#### . eClinicalWorks Viewer

maro on a cyproar aay mnon

were drinking in the past year? 1 or 2 (o points), How often did you have a drink containing alcohol in the past year? Four or more times a week (4 points), Points 4, Interpretation Positive.

Sexual Hx Form Had sex in the last 12 months (vaginal, oral, or anal)? Yes, with Men only, Use protection? No, Have you ever had an STD? No.

#### Allergies / Intolerances

Codeine Sulfate: dizziness: Side Effects

#### **Preventive Medicine**

Counseling: Alcohol and drugs Patient denies concerns with alcohol or drug use. Health Promotion: Diet / Exercise BMI management provided

Yes, Weight Counseling Patient encouraged to continue efforts on weight reduction through proper exercise and nutrition.

AWV: Mammogram o3/06/2018. EKG o5/10/2017.

Colonoscopy o5/31/2011, due next in 2021. Testing

Recommendations Lipid Profile done within the past year on o4/19/2017. Diabetes Screening test done on o4/19/2017.

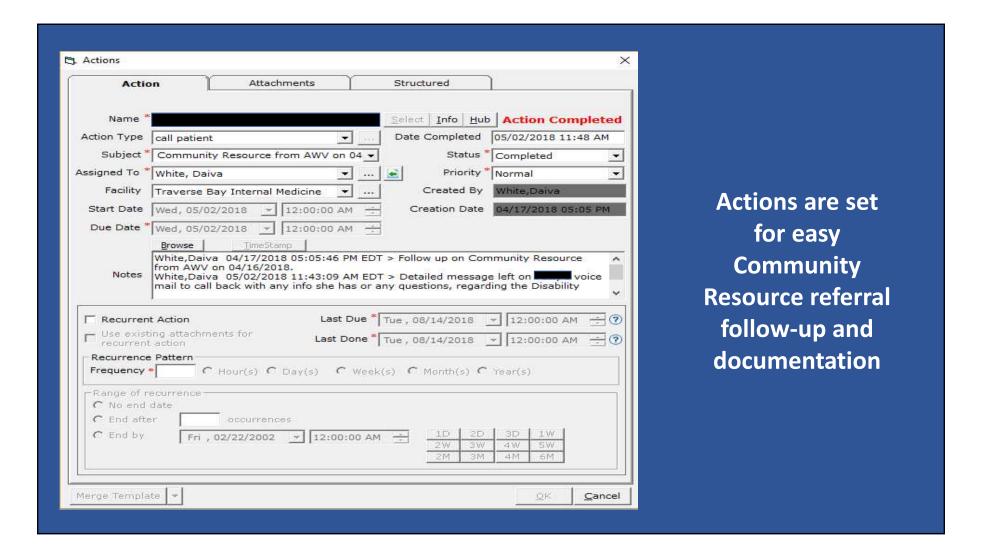
Vaccines Pneumovax last done on o3/25/2014, Prevnar13 done on o4/07/2015, Influenza recommended annually, last done on 10/16/2017. Zostavax done on 01/01/2009.

Community Resources: Information Given Information Given Yes Disability Network of Northern Michigan for their disabled daughter that they take care of. First Resort Transport-Transportation compnay for disabled daughter., Date Information Given 04/17/2018.

#### **Procedure Codes**

Go439 ANNUAL WELLNESS VST; PPS SUBSQT VST

#### Follow Up

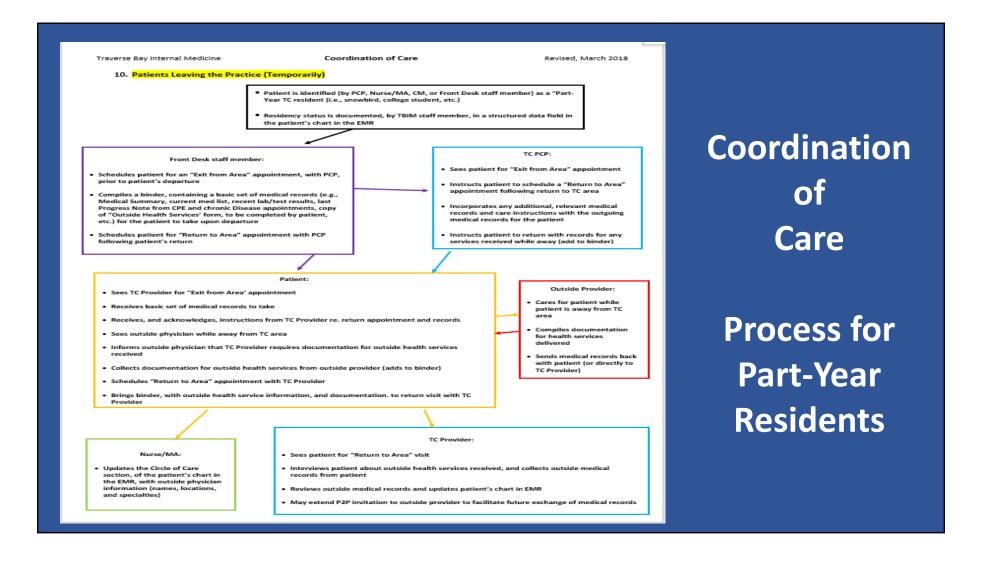


# Transition of Care Plans

(Domain 13)

How do you coordinate care for your Snowbirds?





#### Part-year residents receive a colorful Transition of Care binder, containing:

- 1. An Outside Health Service Encounter Form
- 2. Medical Summary
  - a. Problem List
  - **b.** Current Medication List
  - c. Allergies
  - d. Medical Hx (including Surgical and Gyn)
  - e. Health Maintenance (Health Services due)
  - f. Recent Encounters
  - g. Recent Referrals
- 3. Progress Notes
  - a. Last CPE
  - b. Last OV
  - c. Any other relevant visit (e.g., CD F/U)
- 4. Any other information the Provider deems relevant (e.g., EKG etc.)

#### **Patients:**

- Receive the binder prior to leaving the Traverse City area
- Record information (names, specialties and locations) of outside health providers seen, while away, in the binder
- Collect documentation of outside health services received, while away, in the binder
- Return the binder to TBIM upon return to the Traverse City area

#### **Staff members:**

- Enter information, for outside health providers seen, in the Circle of Care section of patients' charts
- Scan documentation, for outside health services received, into patients' charts
- Enter information, for outside health services received, in the appropriate fields/locations in patients' charts (e.g., Immunizations, Colonoscopies etc.)

Patient Hame:  Patient DOB:  Timeframe:	ide Health Service Encaunter Form	Patrs	
	Other Physicians Seen		Outside
Physician Hame	Specialty Luce	ation (City, State)	Health
			Services
			Encounter
Out Lab/Tort/Imm	ride Health Services Received	Form	
		ysician/Pravider	

