



NEWS and NOTES from NPO

NOVEMBER 16, 2018

THINGS TO KNOW

MINDFULNESS-BASED STRESS REDUCTION FOR TEENS (MBSR-T)

We are pleased to inform you, due to high demand and positive feedback from the fall class, that an additional winter session of "**Stressed Teens - Mindfulness-Based Stress Reduction for Teens (MBSR-T)**" will be offered. The session will take place:

- When: 1/9/2019 - 2/27/2019 on Wednesdays from 4:30 - 6:30 pm
- Where: NMPS, PC 3287-A Racquet Club Dr. Traverse City
- Note: *There are 10 full financial scholarship spaces available*

For more information, [CLICK HERE](#)

MACRA-MIPS Q & A WITH KELLY BATOR

With the end of the year quickly approaching, and MIPS reporting around the corner, NPO thought it would be helpful to hold consistent MIPS meetings to assist you with any questions or concerns. Weekly, we can meet remotely for an hour and discuss MIPS changes, deadlines, and measures. Kelly will work with M-CEITA and Bruce Maki to get your questions answered. Please join her on any or all of the following dates to discuss your MIPS questions/concerns.

11/27/2018 11:00 am to Noon
12/13/2018 8:30 am to 9:30 am
01/08/2019 7:30 am to 8:30 am
01/17/2019 11:00 am to Noon
01/22/2019 Noon to 1:00 pm
01/30/2019 8:00 am to 9:00 am
02/08/2019 11:00 am to Noon
02/13/2019 1:00 pm to 2:00 pm
02/19/2019 11:30 am to 12:30 pm
02/28/2019 8:30 am to 9:30 am
03/08/2019 Noon to 1:00 pm
03/13/2019 8:00 am to 9:00 am
03/19/2019 11:30 am to 12:30 pm
03/26/2019 Noon to 1:00 pm

*While we encourage your attendance in order to interactively discuss the topic, if you are not able to attend but would like a question answered or a concern addressed, please email it prior to the meeting date to lsalvatore@npoinc.org so that it can be included in the meeting. We will post the meeting interactions afterwards.

The dial-in information for all of these meetings is the same:

<https://global.gotomeeting.com/join/157393701>

You can also dial in using your phone:

United States: +1 (646) 749-3112

Access Code:157-393-701

IMPORTANT NEW MEDICARE CARD MAILING UPDATE

CMS continues to mail out New Medicare cards to the states in waves and Michigan is next. Michigan is one of 7 states and 2 territories included in Wave 7 which began mailings on 10/15/2018.

For more information, [CLICK HERE](#).

MSMS APPLAUDS HHS FOR REVISIONS TO MEDICARE E/M POLICIES

Regulatory requirements remain a burden of physicians and their practices. MSMS continues to advocate for reduction in regulatory requirements. MSMS advocacy contributed to recent HHS changes to Medicare E/M policies which will reduce administrative and regulatory burden. [CLICK HERE](#) to read the full article.

WEB BASED COMPLIANCE SOFTWARE AVAILABE AT DISCOUNTED PRICE TO NPO MEMBERS

Adoption of an effective compliance program is a CMS requirement for practices. NPO's Private Practice Physicians looking for a solution to meet compliance regulations have access to 1st Healthcare Compliance at a discounted price. With an annual fee of \$75 per practice employee, this web based program features easy set-up and use. To read more [CLICK HERE](#).

NPO-CIN BLOG

Don't forget to check out the NPO Blog on the NPO-CIN Website. These short pieces keep practices and providers aware of the most relevant subjects for our region and nationally.

[NPO BLOG](#)

HAPPY THANKSGIVING!

NPO is thankful for all of our members and the truly good work that you do!

Helpful Resources & Upcoming Events

[NPO Home](#)
[NMHN Home](#)
[Trillium Home Health](#)
[NPO Blog](#)

**PAHCOM
NPO 2018 Calendar
Member Connections**

NPO is committed to providing great resources to our members!

Northern Physicians Organization 231.421.8505