

Making Your Medical Wishes Known

Advance Care Planning Workshops

Since we never know what may happen on any given day and life can bring unexpected twists and turns, it can be difficult to know what decisions may need to be made. Medical issues sometimes arise that create confusion and uncertainty for patients, their families, and medical staff. Everyone wants to do the right thing – but in some cases, it’s not always clear. A little planning now will save those dearest to your heart unneeded stress later.

- *Discuss healthcare decisions that may impact quality of life now, in the future, and at end of life.*
- *Recognize the importance of choosing the right person to communicate your wishes if you are every unable to do so.*
- *Learn how to have conversations with loved ones about your goals for living a meaningful life*
- *A page by page walk through of an advance directive with instructions for how to complete one.*

<p><u>MARCH</u> Wed, Mar 20 12:30-2:30pm Manistee Senior Center 457 River Street, Manistee</p>	<p><u>MAY</u> Thurs, May 2 6-7:30pm Elk Rapids District Library 300 Isle of Pines Dr., Elk Rapids</p>	<p>Tues, May 21 10-12pm Munson Grayling Hospital Crawford Room 1100 Michigan Ave, Grayling <i>Reservations call: 989-348-0296</i></p>
<p>Wed, Mar 20 3:30-5pm Keddie Norconk Memorial Library 12325 Virginia Street, Bear Lake</p>	<p>Wed, May 8 1:30-3:30pm Leland Township Library, Munnecke Room 203 E. Cedar Street, Leland</p>	<p>Wed, May 22 1-3pm Benzonia Public Library 891 Michigan Ave, Benzonia</p>
<p><u>APRIL</u> Thurs, April 11 6:30-8:30pm Peninsula Community Library 2699 Island View Road. Traverse City (inside Old Mission School)</p>	<p>Wed, May 8 6:30-7:45pm Presbyterian Church of Traverse City 701 Westminster Rd., Traverse City</p>	<p>Thurs, May 30 1-3pm Charlevoix Public Library 220 W. Clinton Street, Charlevoix</p>
<p>Wed, April 17 1:30-3:30pm Otsego Memorial Hospital, Professional Medical Building 829 N. Center Ave, Gaylord <i>Reservations call: 989-731-2190</i></p>	<p>Thurs, May 9 1-3pm The Maples Skilled Nursing Facility 210 Maple Avenue, Frankfort</p>	<p><u>JULY</u> Wed, July 24 10-12pm Otsego Memorial Hospital Professional Medical Building 829 N. Center Ave, Gaylord <i>Reservations call: 989-731-2190</i></p>
<p>Thurs, April 25 1-3pm Cadillac Public Library 411 S. Lake Street, Cadillac</p>	<p>Thurs, May 9 5-6:30pm Kalkaska Public Library 247 S. Cedar Road, Kalkaska</p>	<p><u>AUGUST</u> Thurs, Aug 8 9:30-10:30 am Munson Healthcare Paul Oliver Fitness Center 102 Airport Road, Frankfort</p>
	<p>Wed, May 15 6:30-8:30pm Grace Episcopal Church 341 Washington, Traverse City</p>	

Workshops are free, registration is appreciated.

To register: www.munsonhealthcare.org/ACP-events or call 231-935-6176.



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