



## PCMH User Group Highlights 8/21/19

*Slides from presentations are attached to email and on website (slides and highlights under PCMH User Group)*

*Introductions: Kris introduced new NPO staff member **Rachael Smart, MSN, MHA** who will serve as Quality Support Specialist for the organization. Rachael comes to NPO from a practice in the Sault where she headed PCMH and was the Care Manager.*

*Kris welcomed back Stacey Hettiger, Director of Medical & Regulatory Policy for MSMS, who guest-spoke on "The Legalization of Marijuana in Michigan." (Please see slides 16 through 21 of her presentation for important practice considerations).*

### **MSMS (slides attached)**

#### **Marijuana at the national level**

- Nation's "acceptability" of marijuana use, in some form, more than doubled in last 20 years, in part, from effective campaigning by supporters. Only a handful of states have no access laws regarding marijuana regulation.
- Today, Federal government less opposed to marijuana use when driven by medical research and more willing to allow State govts., with effective laws in place, to govern regulation. (At present, DEA has not accepted additional applications for medical research outside of what has been authorized to University of Mississippi, Stacy said. Medical Cannabis Research Act of 2019 (H.R. 601) seeks to increase approved applications.)
- Recent studies show marijuana intended for pain relief has not had a major impact on opioid use.

#### **FDA-Approved Cannabinoids**

- **Epidiolex** - oral solution indicated in patients more than two years of age with specified, rare, forms of epileptic seizures.
- **Dronabinol** (Marinol and Syndros) & **Nabilone** (Cesamet) - synthetic cannabinoids indicated to treat nausea and vomiting associated with cancer chemo; dronabinol also approved for AIDS-related appetite and weight loss.
- In Michigan, if a product has less than .3% of THC, the psychoactive portion of marijuana, it is considered "hemp" and can be grown with a license. Anything above percentage regulated as marijuana.

#### **Michigan**

- Stacey shared MSMS opposed Proposal 1 (MRTMA) which legalized in-state recreational marijuana possession/usage, citing need for more research about benefits or lack thereof.
- Michigan has four laws related to marijuana (See slide number seven for three). This July more safety rules issued; one being labeling should include a safety warning for pregnant women.
- The Federation of State Medical Boards does not recommend their licensees or osteopathic board licensees smoke marijuana medically or recreationally. Marijuana is listed as an impairing substance that's use by licensees warrants disciplinary action.

### **NPO**

Poll conducted for interest in future 'User Group topic with guest speaker Dr. Dave McGreaham about a full presentation to practice managers about opioid use at local level, alternatives, resources. Group

agreed interested in topic. Interest poll in NPO hosting Community Resource Fair for practice and care managers comprised of area community resources reps. Group consensus was interest in and for either a Tues. or Weds. before noon.

### **Clinical Quality Report for Blue Cross Commercial PPO and Medicare Advantage**

Blue Cross 2018 year end scores on Clinical Quality performance and performance improvement were shared. For Commercial, NPO scored second overall out of 40 PGIP POs in Michigan. For Medicare Advantage NPO was first overall! Congratulations; this is directly attributed to your practice's hard work!

### **BCBSM Commercial Population Insights Report**

A report directed to hospital systems which evaluates hospital systems area utilization for 2018 was shared. The report identifies the Traverse City area as "Munson Healthcare." Report compares 2018 to 2017 for multiple metrics. Overall, the report showed that utilization in this area is low for ED, admissions, and radiology. The report showed that, with work done by practices to help patients use the ED only when appropriate, ED usage was done, as were readmissions. Congratulations; this is directly attributed to your practice's hard work!

### **2019 BC Site Visit Learnings**

The 2019 BCBSM site visits went well. Some comments (slides attached):

- make documents multi-use when possible – an example is turning procedures into training tools
- Need to continue to be able to identify practice numerator and denominator for Domain 1
- Utilize front office staff to touch on some PCMH points with patient

### **2019 meeting dates:**

- Thu, 9/26/19 – Dr. Dave McGreaham will be speaking about Opioid Use and Resources in Northern Michigan
- Tues, 10/22/19 – Dr. Gerstle and Eva Voisin from Traverse Health Clinic will be presenting on work the clinic has done to improve waiting times and processing times
- Wed, 11/20/19 - TBD