

Munson Hospice Grief Support Groups and Activities - 2017 Schedule

Join a friendly environment where grief and loss is understood. Share your story and learn from others.

Location	Day of Month	Time	Place	Event Type
Acme	2 nd Tuesday	3pm	Samaritas (formerly Hope Village) 4354 Mt Hope Rd.	Support Group
Bellaire	2 nd Friday	11am	Meadowbrook Nursing Home 4543 S. M-88	Support Group
Cadillac	Every Monday	10am	Munson Home Health 618 S. Mitchell St., Suite A	Support Group
Cadillac	Every Tuesday	9am	Big Boy Restaurant, 1310 S Mitchell St.	Social Group
Charlevoix	1 st Thursday	Noon	Munson Healthcare Charlevoix Hospital 14700 Lake Shore Dr., Conference Rm B	Support Group
Frankfort	Every Friday (except 1 st Friday of the month)	11am	Paul Oliver Memorial Hospital 224 Park Ave., 2 nd Floor Conference Rm	Support Group
Gaylord	4 th Friday (STARTS 3/24/17)	3pm	Alpine Haus 504 Random Lane	Support Group
Grayling	4 th Monday (STARTS 6/26/17)	11am	Munson Home Health, 324 Meadows Drive	Support Group
Houghton Lake	4 th Thursday (STARTS 6/22/17)	3:30pm	Commission on Aging-Houghton Lake Center 2625 S. Townline Rd.	Support Group
Kalkaska	1 st Friday	11am	Kalkaska Memorial Health Center 419 S Coral St., Conference Rm.	Support Group
Manistee	3 rd Wednesday	11 am	West Shore Medical Center-Education Center 1465 E Parkdale Ave.	Support Group
Suttons Bay	2 nd & 4 th Monday	11am	Leelanau Co. Government Ctr. 8525 E Government Center Dr.	Support Group
Traverse City	1 st & 3 rd Monday	10am	Munson Hospice House, 450 Brook St	Support Group
Traverse City	3 rd Monday	2 pm	Pottery Painting @ Handz on Art, 144 Hall St.	Support Activity
Traverse City	Every Tuesday	10am	Senior Center Network, 801 E. Front St.	Social Group
Traverse City	Every Tuesday	11:15am	Senior Center Network, 801 E Front St.	Newly Bereaved Support Group
Traverse City	Every Tuesday	4pm	Quiet Time—Guided Meditation Munson Hospice House, 450 Brook St.	Support Activity
Traverse City	2 nd Wednesday	5pm	Senior Center Network, 801 E. Front St.	Support Group
Traverse City	2 nd Wednesday	6pm	Senior Center Network, 801 E Front St.	Loss of a Parent Support Group
Traverse City	4th Thursday	11am	Traverse Area District Library Study Room D, 610 Woodmere Ave.	Caregivers Grief Support Group
Traverse City	4th Thursday	12:30pm	Traverse Area District Library Study Room D, 610 Woodmere Ave.	Loss of Spouse Support Group

Groups follow local public school closing schedule for inclement weather. Last Updated 3/21/17.

All are welcome to attend

No registration needed



MUNSON HOME HEALTH

MUNSON HEALTHCARE

Munson Home Health

1105 Sixth Street

Traverse City, MI 49684

800-252-2065

For more information on Munson Hospice, bereavement activities, and volunteer opportunities, please call 800-252-2065, visit our website at munsonhomehealth.org or send an email to hospicebereavement@mhc.net.

Parkinson's Support Parkinson's Network North –

Education, motivation, resources and support through meetings, Internet, and phone counsel

Provides four support groups in northern Michigan (two in Traverse City, one in Suttons Bay/ Leelanau County and one in Frankfort). Established in 1984 with just six members, today this support group includes more than 250 members hailing from the 10-county area. Nationally recognized forum featuring 40+ related vendors held summers in Traverse City's Hagerty Center reaches maximum attendance capacity. For more information, please visit www.parkinsonsnetworknorth.org/ or contact Hettie Molvang at 231-947-7389

Scleroderma Support

Virtual Scleroderma Support Group – Michigan Chapter

Meets the 1st Wednesday of every month starting in January from 6:30 p.m. - 7:30 p.m.

Contact: Nancy Stephens at 586-206-5744 or e-mail: nastephens67@yahoo.com for detailed info. [2017 Meeting Schedule](#)

[Click here](#) to join at the time of the meeting.

Systemic sclerosis is a chronic connective tissue disease generally classified as one of the autoimmune rheumatic diseases. Hardening of the skin is one of the most visible Scleroderma manifestations.

Stroke Support

Grand Traverse Bay Area Stroke Club

Club offers stroke survivors and their support persons the opportunity to learn, share and connect with one another. Meetings include demonstrations, group discussions and informative speakers

The Stroke Club meetings take place on the second Wednesday of the month from 2:30 - 4:30 pm at The Presbyterian Church, 701 Westminster Rd. in Traverse City.

For more information, contact Melinda Hollands, LMSW, at (231) 935-6380