



NOVELLO
PHYSICIANS ORGANIZATION

NEWS and NOTES from NPO

Dear NPO Members,

Networking, Education, and Mindfulness Opportunities

A Live Discussion with Dr. Angelo Volandes – How to have the Conversation with your Patients

By now, NPO hopes you have received the book, *The Conversation: A Revolutionary Plan for End-of-Life Care*, written by Dr. Angelo Volandes, founder of ACP Decisions.

NPO is very pleased that Dr. Volandes is coming to Traverse City to speak to NPO physicians and APPs regarding the conversations physicians have with patients about end of life.

Dr. Volandes will be presenting to NPO physicians and APPs, in-person, on Thursday, April 28 at the NPO Physicians Partnering evening meeting at 6, with networking starting at 5:30. Drinks and food are provided. *Location is to be determined.*

PLEASE REGISTER TO ATTEND AT [Dr. Volandes Registration LIVE April 28](#)

June 24-26, 2022

Michigan State Presents: Summer Symposium

15 AOA category 1-A and 15 AMA PRA *Category 1 Credit(s)* available.

Description & Objectives

As the breadth and scope of medical knowledge required for competent medical practice grows on a yearly basis, it becomes imperative for the clinician to have a broad fund of knowledge

applicable to large groups of patients seen in the primary care setting. This symposium will focus on topics relevant to the primary care physician (regardless of discipline) and include updates on specific populations.

[For more information, please see the brochure here.](#)

University of Michigan Health - West presents:

Friday May 6, 2022

[Obesity Symposium: Please click here for flyer](#)

Course Objectives:

Upon completing this course, the participant will understand and be able to:

Manage and resolve obesity in their patients

Offer interventions to reduce obesity

Effectively communicate with obese patients

Friday May 13, 2022

[Stroke Symposium: please click here for flyer](#)

Disparities in Stroke Care

University of Michigan Health-West's 2022 Stroke Symposium is a hybrid event offering the opportunity for participants to attend in-person at the Amway Grand or virtually. The Symposium will educate participants in ethnic disparities in stroke patients. Participants will be able to identify and manage the appropriate precautions and guidelines for treating the stroke patient despite ethnic disparities.

Both presentations offer CME.

Spring Mindfulness Classes:

Spring Mindfulness Classes begin soon and classes are filling quickly!

[Mindfulness Center of Northern Michigan](#)

As always Flexible Tuition Options are available to meet personal financial needs.

All our welcome - despite financial constraints!

* In-person and virtual options are available!

Those attending in-person must present proof of full Covid 19 vaccinations.

Register online:

www.mindfulnessstc.com or www.nmpspc.com/classes/ or call 231-342-9634

Please click on the flyers below for more information

[Free Orientation MBSR](#)

[Spring 2022 MBSR Adult Class](#)

[Spring 2022 MBSR Teen Class](#)

[Yoga, Meditation and More for Teens](#)

Helpful Resources & Upcoming Events

[NPO Home](#)

NPO is committed to providing great resources to our members!

We welcome your feedback and comments.

Novello Physicians Organization 231.421.8505