


**Admissions from Home**  
 The steps to admitting to a skilled nursing facility from home.

Presented by:



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**Did you know that you do not have to have a hospital stay to come into a rehabilitation facility for short term rehab or long term care?**

- Most facilities can admit right from home.
- Although some insurances require a 3 day hospital stay, most do not. You are able to get an authorization from your insurance provider for rehabilitation if you have a skilled need.
  - Novello ACO patients do NOT need 3 day stay!!!
- If your insurance does require a 3 day hospital stay, authorization can still be obtained if you have had a true hospital stay in the last 30 days.
- If you are unable to obtain an insurance authorization, Medicaid may cover your stay.
- Our Centers have staff that will assist you in determining the requirements for any payment source as well as obtaining authorizations or applications as needed.

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**What is a skilled need?**

- Complex Wound Care
- IV Antibiotics
- Recovery after a surgery
- Rehabilitation
- Rapidly changing health status
- Tube Feeding
- The development or contraction of a serious illness



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**What qualifies you for long term care?**

- Long-term care helps meet your health or personal needs through activities of daily living.
  - Activities of daily living may include
    - Dressing
    - Bathing
    - Using the bathroom
    - Transferring
    - Assistance with eating
    - End of life care (Hospice/palliative care)
    - Dementia Care

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**How Medicare Works**

- Medicare A works by covering your qualified stay at a rehabilitation center after you have had a qualifying 3 day stay at a hospital.
- Medicare will cover up to 100 days of rehabilitation.
- Medicare will pay 100% of the cost of rehab for the first 20 days. After days 21-100 will have a copay. Thankfully most secondary insurances will cover this cost.
- After you have exhausted you Medicare benefits you will then have to either pay the private rate at the facility or apply for Medicaid.

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**How Medicaid Works**

- Medicaid is utilized in a facility to cover the cost of stay for patients wishing to stay for long periods of time that are unable to pay the private cost rate at a facility.
- The average rate to stay in a skilled nursing facility is approximately \$8,500 per month for a semi-private room and approximately \$10,000 dollars a month for a private room.
- Often, a patient will have a "patient pay amount" that will be determined by the Medicaid office (not to exceed monthly income less \$60).
- Medicaid covers the full cost of the stay to include medical care, medical supplies and equipment, medications, doctors appointments, transportation to appointments, meals, laundry services, activities and more within the skilled nursing facility.

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**Should you apply for Medicaid when looking into Long-Term care?**

The answer is yes!

- Applying for Medicaid allows you to see what will need to be done to qualify for the Medicaid benefit. It will be up to you to decide if you want to except the benefits or decline them.
- Our team is available to assist anyone looking into applying for Medicaid benefits

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**What to expect once you have Medicaid**

- PPA or Patient Pay Amount
  - A PPA is determined based off of qualifying member income. The PPA is money owed to the state for coverage of care while on Medicaid.
  - Most PPA are determined by taking the total amounts of income and subtracting \$60. So if your monthly income is \$2000 per month your estimated PPA would be approximately \$1940 per month. This amount would be paid monthly to the facility.
- What happens if you are over assets?
  - You will have what they call a "Spend Down". This will allow you to spend down the extra assets on things the patient needs until you meet the Medicaid qualifying asset amount.

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**What does a Skilled Nursing Facility have to offer?**

- 24/7 care form licensed and certified RNs, LPNs, and CNAs. Some facilities even have Respiratory Therapist on staff as well.
- 3 Meals a day plus snacks
- Laundry Services
- Daily activities and regular outings
- Transportation to and from Medical appointments
- Medical Care
- Medications and Medical equipment
- Ancillary Services (Labs, x-ray, dental, vision, podiatry, pharmacy and more)

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**Applying for admission to a skilled nursing facility from home is as easy as 1-2-3**

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**Step One**

- Patients can work with their Primary Care Physician, Home Healthcare Agency or Hospice Agency to complete a referral.
- The referral will consist of the following:
  - History and Physical or H&P (signed by physician within the last 30 days).
  - Face Sheet or Demographics
  - Medication List (signed by physician with diagnosis for each medication)
  - Orders (signed by physician)
  - Mental Health Screen 3877/3878 forms
  - OBRA Screen if necessary (From Community Mental Health – it is required if patient has a developmental disability or if none of the exemption criteria are met.)

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**3877 Screening Form**  
 • Requires an RN , PA, NP, MSW or Physician Signature

**PRE-ADMISSION SCREENING PROTOCOL**  
 for RESIDENTS ENTERING COMMUNITY CARE HOMES

**SECTION 1 - Patient Legal Restrictions and Agency Information**

**SECTION 2 - Patient Information**

**SECTION 3 - Screening Criteria (All 8 items must be completed)**

**SECTION 4 - Signature of RN/PA/NP/MSW or Physician**

**SECTION 5 - Signature of Director of Community Care Home**

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**3878 Form**

- No hospital exempted discharge allowed from home
- Must meet Dementia Criteria to Exempt
- Dementia Dx must be established in patient history
- Physician signature is required

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**Step Two**

Once the referral has been obtained, the information will then need to be sent to the Admissions Director at the skilled nursing facility of your choice.

The Admissions Director along with the clinical team will review the following prior to accepting the new admission.

- Clinical review of needs.
- Financial and insurance review.

Once all information has been reviewed and they are able to accept, they will reach out to the physician and patient to notify them of admission to the facility.

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**Step Three**

Once you have been accepted into a facility, a date will be set for admission. When admitting to a facility, patients should bring the following items.

- ID, Insurance Cards, DPOA and Guardianship paperwork (If Applicable)
- Any Payment that is due upon admission
- 5-7 days of comfortable clothing
- Supportive tennis shoes
- Items that make you feel at home (Pictures, favorite blanket, plant)
- Your preferred personal hygiene items (Brush, comb, favorite shampoo, body wash, make-up, cologne, body spray, deodorant). Although these items are provided at the facility, bringing your favorite items always help during the transition.

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**Q&A**  
**Commonly asked questions when seeking placement at a skilled nursing facility.**

Q: Once I am admitted, am I able to leave the facility to go out with my family for the day?  
 A: Yes, you are able to sign yourself out of a facility to leave and spend time with your family.

Q: Am I able to go outside?  
 A: Yes, most facilities have beautiful gardens and patios that available for residents to spend time outdoors.

Q: Is my dog able to visit?  
 A: Yes, most facility allow pets that are non violent and calm to visit with a vaccination record on file

Q: How often is my family able to visits?  
 A: Most skilled nursing facilities allow visitors everyday and long as the visitor is not experiencing any signs of illness.

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**Helpful sites when looking for skilled nursing facility placement.**

MediLodge: [www.medilodge.com](http://www.medilodge.com)  
 Medicaid: [www.Medicaid.gov](http://www.Medicaid.gov)  
 Medicare: [www.medicare.gov](http://www.medicare.gov)  
 MediLodge of Grand Traverse County: [www.medilodgeofglc.com](http://www.medilodgeofglc.com)  
 MediLodge of Leelanau: [www.medilodgeofleelanau.com](http://www.medilodgeofleelanau.com)  
 MediLodge of Traverse City: [www.medilodgeoftraversecity.com](http://www.medilodgeoftraversecity.com)

All MediLodge websites have virtual tours available!

For additional information and questions please contact  
**Stephanie Wilson, Admissions Director**  
**502-909-2577**

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