

# **Advanced Directives**

**Do you have feelings regarding how you want to be treated if you become seriously ill or injured?**

## **Benefits**

Comfort for you in knowing what others will do per your request.

Family members will not need to guess what you want.

Family members may find peace knowing what your wishes are.

Choosing someone who will stand up for your requests.

## **Things to consider for your requests:**

Pain management

Things you specifically want done.

Things you do not want done.

Food and Fluids

Medical procedures, devices or medications are meant to keep you alive.

Religious comforts, specific readings, prayers

Pets nearby

Comforting measures such as: cool compresses, songs, poems, music, warm baths, massages, being at home.

**Ask your Care Manager how he or she can help with the paperwork!**