



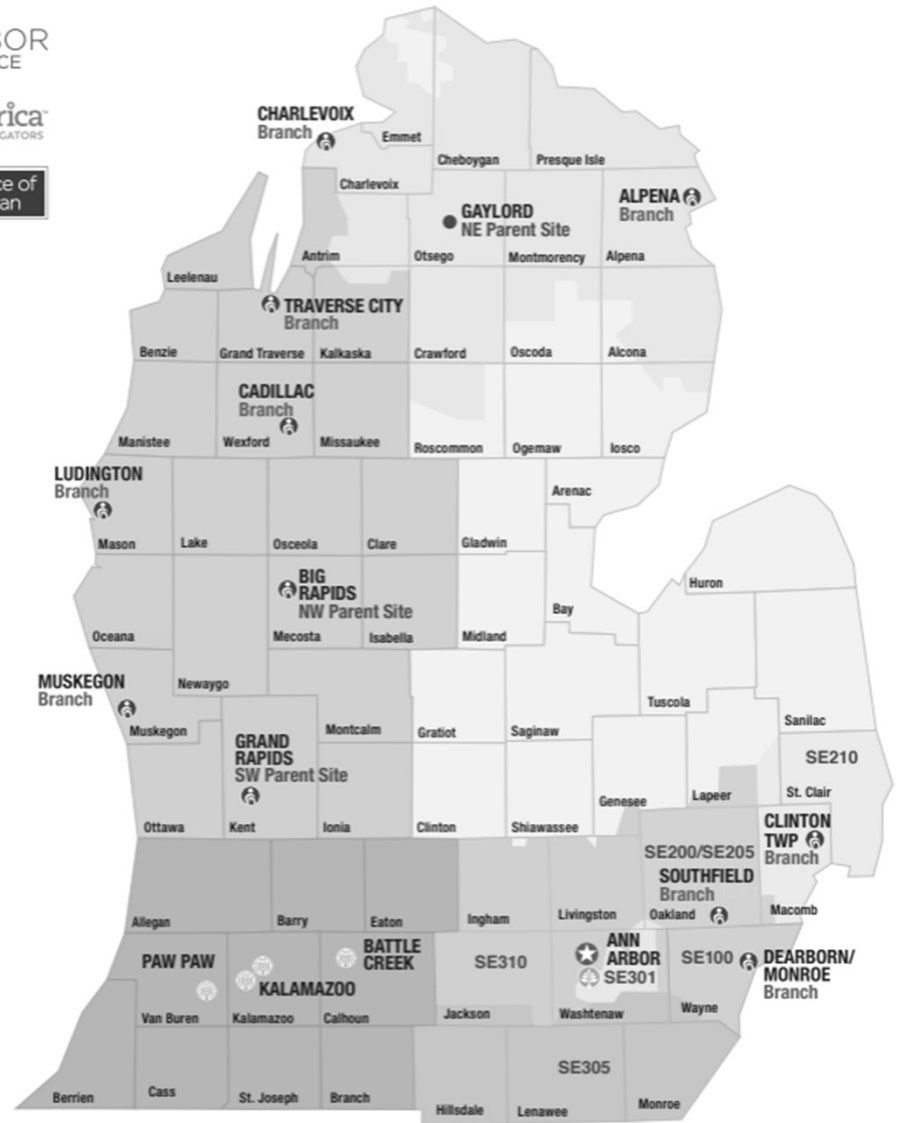
A member of NorthStar Care Community

NorthStar Palliative Care

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NorthStar Palliative Care

NorthStar Palliative Care provides an extra layer of support for patients with an advanced serious illness who are struggling with symptoms, goals of care and/or planning care for the future. The main goal is to improve quality of life for you and your family.



Comparisons

Palliative Care

1 to 3 years upstream from hospice

Covered by most insurance plans

Care plan focus: longevity and quality of life

Goal of care, Advanced care planning discussions

Physician, Nurse Practitioner, MA

Coordination with PCP, specialist

24-hour/after hours on-call availability via phone support

Still desire aggressive treatment for chronic life-limiting illness

Hospice Care

6 months or less to live

Covered by insurance

Care plan focus: quality of life

Comprehensive end-of-life care

Full multi-disciplinary team

Coordination with PCP, specialist

24-hour availability with visits by nurse

No aggressive treatment, comfort is the focus

Key differences

Palliative care
can be provided
the same time
as aggressive
treatment

Patient may go
to the hospital
for treatment

Patient must
have a primary
care provider in
the community

Visits are
typically made
by a nurse
practitioner
every 4 weeks

Our Palliative Care

- Home-based palliative care is for patients **1-3 years from the end of life with a serious illness.**
- The focus is on **advanced care planning and management of symptoms.**
- NP will treat symptoms that affect the patient's quality of life
- Service is in addition to the care that the patient receives from their **PCP and specialists.**



What to Expect

- Patients will receive in-home visits by a nurse practitioner, virtual are also an option when needed.
- Visit timing will be determined by the nurse practitioner based on the needs of each individual patient – high-acuity patients typically every 2 to 4 weeks but at times as far out as every 8 to 12 weeks.
- The nurse practitioner will address patient symptoms and family needs through diagnosis, treatment, prescriptions, education, and advanced care planning.



What to Expect

- Patients can expect routine calls from a palliative nurse who will assess for needs and any changes in patient condition between NP visits
- Patients have phone access to a Nurse Practitioner 24/7
- Primary Care Providers can expect collaboration from the palliative nurse practitioner
- Nurse Practitioner visit notes will be sent to the patient's primary care provider and any specialist they provide



How is palliative care reimbursed?

Medicare

Medicaid

**Private
insurance
plans**





How to Refer:

Palliative Care Referral Number

877-227-8823

Palliative Care Fax Number

833-523-5023

Thank you!

Any questions?

